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**111 Superior St.
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“Being”... of Service

In wishing to define these words and their relationship with each other, I am suddenly Silenced...and in a place without words...seeking, feeling and sensing...a place of silent reflection.

And now I begin to Realize that Being of Service is without doubt, the very meaning of our lives...the truth, per se...of our endless struggle to find fulfillment and happiness. Amidst having relationships, families and children, while establishing businesses for gain and shared exchange, while engaging in every form of inspired expression...it all leads to the same terminus...to Be the Love that you are, and express that love and passion into Service.

Being of Service has no boundaries or definition, for it can be the simple act of a friendly glance, an encouraging word, a healing touch. It can also be exercising the power to influence decisions being made, taking the fight into the realms of Political, Economic, and Social Arenas...fighting corporate greed and political manipulation.

What stirs a person to risk their lives at the forefront of the ‘Ebola Crisis?’

“Being”...of Service, is about Opening Ones Heart and becoming an active worker in the battle against poverty, loneliness, and depression. One is willing to walk to a different Drummer, to step on the path that few have trodden.

Please take a moment to reconnect to the Stillness within, and know yourself to be a ‘divine mediator’. Commune between Heaven (Spirit) and Earth, offering a deep feeling of gratitude in the Service to the Source of Being - the Oneness that Is.

Honoring the Sacred,

Troi Leonard SDC

The Lighthouse January 2015
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Church of Truth – Community of Conscious Living
Sunday Service – 11:00 am

Working for you
Your Board of Directors

President	D. Joan Thomas	250-721-4054
Past President	Roland Guenther	778-433-4386
Vice President/Secretary/Rentals	Esther Hart	250-896-5933
Treasurer	Ron Rayner	250-474-2715
Outside Maintenance/SDC Liaison	Stephen Graves	778-677-7597
Inside Maintenance	Dancing Wolf	250-418-0694

Your Spiritual Directions Committee

Don Morris	250-580-2121
Moneca Gabriel	250-891-9002
Colin Lee	250-514-1270
Peggy Muncaster	250-370-0187
Troi Leonard	250-532-3442
Laura Lane	250-474-9938

Community Care Liaison – Lorna Rennie 250-361-2079
Newsletter—Deborah Hawkey Email dbhawkey@gmail.com

SUNDAY SERVICE SCHEDULE

Theme for January 2015 "Being" of Service

January 4 A New Beginning

Coordinator: Troi Leonard
Moderator: Henrik de Pagter
Meditation: Julia Day / Laura Lane
Speaker: Julia Day
Greeter: Patti Huot

January 11 How Do We Serve?

Coordinator: Moneca Gabriel
Moderator Patricia Miller
Meditation: Pauline Karch
Panel: Colin Lee & Cynthia Pattison
Greeter: John Vanden Heuvel

The panel will be looking to bring the energies of compassion more deeply within community, and to discuss connecting with others in more practical ways. Inspired by Jean Vanier's words on "becoming human," we do so by accepting our own weakness through the example of the vulnerable among us.

January 18 The Serving Soul

The best way to find yourself is to lose yourself in the service of others. M. Gandhi
I slept and dreamt that life was joy. I awoke and saw that life was service. I acted and behold, service was joy. Rabindranth Tagore

Coordinator: Peggy Muncaster
Moderator: D. Joan Thomas
Meditation: Katherine Muncaster
Speakers: Elaine Pace & Denise Appelmans
Greeter Linda Chan

January 25 Community Service- Nourishing

Coordinator: Don Morris
Moderator: Jennifer Sagar
Meditation: TBA
Speaker: Rev. Julianne Kasmer
Greeter: Elizabeth Morris

Many of us become quite 'fired up' as we approach the New Year...making promises to turn over a new leaf regarding negative areas to be changed. Most often we find that due to a lack of discipline and will, we fall back on the old ways yet again, overextended in our dream.

A new beginning has a life of its own, as we are gently prodded to review our past. With a deeper sense of understanding, we offer forgiveness to ourselves and others, thereby releasing us from the past, relinquishing our antiquated burdens of guilt, shame, and judgemental behaviors.

It takes a gentle approach, as we are reminded to be kind to ourselves, having more fulfillment in enjoying 'a day at a time' creating less stressful lives, a boon for everyone.

It takes commitment, endeavoring to live with promises made, coming more and more from a place of 'Open Heartedness,' learning to trust and communicate without fear.

A new beginning may mean many things to many people, yet with most it will stand or fall according to the measure of one's self-belief. Is there a willingness to:

Clear the cobwebs of old thinking, have the 'courage' to start new adventures...dance, sing, Write stories and poetry...start a new relationship...make new friends.

Remember where the 'blessings of grace' come from, taking time out and time in, allowing the guidance within your Heart. With childlike Awe and Innocent perception, behold the eternal Flame leading you into the deepening Presence of the Love and Life of your Soul.

Being...of Service, is a call to live your lives in eternal Gratitude, Love Shared, and Joy expressed. The door to a New Beginning is always open.

Julia Day- "Jewel"- is a spiritual healer who facilitates using advanced Cranial Sacred therapy and Esoteric Embodiment Practices, combined with pure non-dual Awareness of perfect Love. She draws from many traditions, meeting others whenever she can best inspire greatest Awakening for all.

Presently, her personal practice encompasses a moment - to - moment living meditation, and unconditional blessing using principles from 'A Course in Miracles' as an underlying guide. See [www. OnenessinOneness.org](http://www.OnenessinOneness.org)

Elaine Pace After a lifetime of adventuresome preparation, studying and working in the fields of spirituality, mental health counselling and holistic health, Elaine became acquainted with Nathan, a Spirit Guide, through the intuitive, Denise Appelmans, in 2011. To this day, Elaine interacts with Nathan through Denise, to receive his teachings of love, transformation and unfoldment. Elaine passionately shares Nathan's teachings and the immense impact they have had in her life, in group settings, coaching sessions, and through books. She can be reached at www.therelinquishment.com

Denise Appelmans began experiencing an intuitive connection with Spirit and Guides as a small child. What emerged was a growing passion to share the gracious wisdom of Spirit in the form of intuitive readings, and later as a translator of the teachings from the Spirit Guide, Nathan. Her work as an Intuitive is far reaching, providing guidance for

people from numerous countries all over the world. Denise's background also includes over 28 years of combined traditional and alternative medical experience, along with numerous presentations and workshops offered throughout Canada and the US. Denise can be reached at www.denyseappelmans.com

Julianne is the chaplain at Our Place. She has worked in Vancouver's Downtown Eastside and at congregations in the Comox Valley and Denman Island. In her words, "Our Place feels like the fulfillment of my Spiritual calling and I love serving there."



HAPPY BIRTHDAY
We Celebrate with YOU!

Anna Lundeen	January 2
Marvelous Trudeau	January 12
Laura Lane	January 13
Agnes Amundrud	January 20
John Flowers	January 24
Brian Martin	January 25
Esther Hart	January 26
Pat Chapman	January 31

Apartment sublet for February and March 2015

Furnished one bedroom plus den/office
Clover Pt. area 1/2 Block from Dallas Rd and the ocean
Character Building
\$805.00

If you know of anyone looking for an apartment in Victoria for February and March, please contact Paul directly at 250-896-4439 paulmonfette@gmail.com



Please join us for a

"Joyful Heart-centred Community New Year's Eve Celebration"

Hosted by The Church of Truth
111 Superior Street

7:00 pm **Mix n' Mingle - Bring your own Snack-Luck (finger foods), Food Bank & Oneness
Wednesday Basket Donations**

7:30 pm **Circle Dancing with Betsy Nuse**

Warm your hands and your heart by joining our dancing circle. Just as villagers in small communities all over the planet have done for generations - and continue to do even today - we'll be bringing together our bodies, hearts and souls using simple dances, letting music and rhythm draw us together in community.

8:30 pm **Mix n' Mingle Snacks & Refreshments**

9:00 pm **Year End Reflection & New Year Intention Writing with Sanjara Omoniyi**

Sanjara will guide us through a process of inner reflection to create a life map of our current reality. It will help us to connect with our heart's desire and determine a direction. This has potential of moving away from patterns that hold us back, breaking new ground.

10:00 pm **Heart Centered Labyrinth with Renee Lindstrom**

Becoming one, integrating the outer and inner experience into simple expression that reflects the intent of the evening, "Coming inward, pausing to center and walking out anew." A re-birthing if you will, reflecting the celebration of time.

12:30 pm **Songs, Poems, Dancing with Community**

**Donations for the Food Bank & Oneness Wednesday Basket
Indoor or Dancing Shoes Recommended
Comfortable, Flowing Dress**

Happy New Year 2015

ONENESS WEDNESDAY in January

111 Superior St. in James Bay

7:00 – 8:30 p.m.

Free or by donation

In January, we will have dual presenters, Elaine Pace and Denise Appelmans with dynamic interactive presentations for our Oneness Wednesdays.

Elaine Pace After a lifetime of adventuresome preparation, studying and working in the fields of spirituality, mental health counselling and holistic health, Elaine became acquainted with Nathan, a Spirit Guide, through the intuitive, Denise Appelmans, in 2011. To this day, Elaine interacts with Nathan through Denise, to receive his teachings of love, transformation and unfoldment. Elaine passionately shares Nathan's teachings and the immense impact they have had in her life, in group settings, coaching sessions, and through books. She can be reached at www.thereelinquishment.com

Denise Appelmans began experiencing an intuitive connection with Spirit and Guides as a small child. What emerged was a growing passion to share the gracious wisdom of Spirit in the form of intuitive readings, and later as a translator of the teachings from the Spirit Guide, Nathan. Her work as an Intuitive is far reaching, providing guidance for people from numerous countries all over the world. Denise's background also includes over 28 years of combined traditional and alternative medical experience, along with numerous presentations and workshops offered throughout Canada and the US. Denise can be reached at www.denyseappelmans.com

January 7 Week 1: Call forth the energy of the sacred and watch yourself flourish, by living in gratitude, with the intention to passionately embrace and express your life.*

January 14 Week 2: Embrace the gift of your life by living in acceptance, a key pathway to love.

January 21 Week 3: Learn the number one place that peace comes from, and how peace is the root of love.

January 28 Week 4: In gratitude, follow the "clues" of love, and let yourself soar!

* These sessions are based on the presenters' book, "The Miracle of Gratitude, The Miracle of Life".

COMMUNITY SERVICES DIRECTORY FOR CHURCH of TRUTH MEMBERS

For information only. These events and services are not endorsed by the Church of Truth, Community of Conscious Living.

NAME	SERVICE	CONTACT INFO
Susan Blackwood 250-889-5335 Weddings, Funerals, Celebrations of Life, Divorce, Retirement, Baby Namings	Ceremonies	www.ceremoniesbydesign.ca
Renn Butler Archetypal Astrology Consultations, Holotropic Breathwork Workshops	Consultations/Workshops	rennbutler@shaw.ca
Stephen Graves 778-677-7597 All things PC (and little things MAC) Hardware, software, troubleshooting, networking and web design. \$25.00 per hour	Computer Service	stephen@spiritquest1.ca
Dr. Roland Guenther 778-433-4386 email: roland@natures-mystery.com Roland is specialized in helping people with severe chronic diseases. Homeopathy is a holistic modality that can provide healing in a wide range of health problems, anxiety, and depression, and their manifestations in the body.	MD (Germany), PhD, Homeopathy	www.victoriahomeopathy.com
Esther Hart 250-896-5933 Esther inspires people with her talks, coaching and writing, always encouraging people to experience freedom by trusting their own knowing. She gets great pleasure from supporting other writers to blossom into authors so that their inspirational stories can reach the people they are meant to inspire.	Author, Speaker, Freedom Coach, Author Mentor	www.authorssolutions.com
Deborah Hawkey 250-813-1747 Sales & Marketing, Career Coaching, Websites, Desktop Publishing, Resumes & Cover Letters	Technical Writing	writeitright@shaw.ca

Cedona Holly **Spiritual Counsellor/Meditation Facilitator**
250-642-1060
www.EternalOneness.org
www.whitelionschildrensbook.org

Pauline Karch **Videography Services** paulinekarch@gmail.com

Kelly Kerr **Massage, Energy Healing** 250-999-9282

Laura Lane **Celebration Pianist** 250-893-9656
Accompanist, Pianist, Singer. Available for Weddings, Celebrations of Life & Special Events
“Comfort Zone” Band, Boomers, Folk, Light Rock music group.

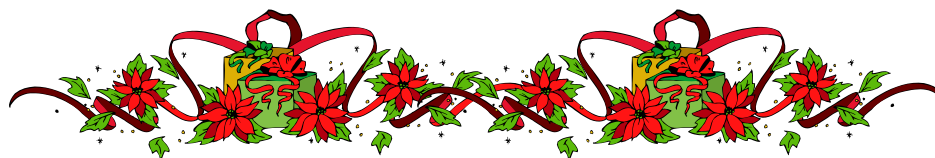
Paul Monfette **Carpenter** 250-896-4439
Specializing in Reno’s, Decks & Alterations

Michelle Pedersen **Make-up Artist**
For make-up consults and pricing please email me at
sweetpeamakeup@gmail.com

Sharon Schroeder **Alternative Healthcare Services** 250-661-0072
Healing Energy with Foundation Beauty

Bernadine Sperling **Pet Sitting** 250-384-5721
(drop-in cat visits & James Bay dog walking)

Junie Swadron **Author, Writing Coach, Workshop Facilitator**
250 - 813-0183 & **Psychotherapist** www.junieswadron@hotmail.ca



Happy New Year