

## THE LIGHTHOUSE

MARCH 2016

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**Contact:**

**111 Superior St.  
Victoria, BC V8V 1T2  
250-382-5412  
<http://cotvictoria.ca>**

## SPRING WINDS OF CHANGE

In older times, March was the first month farmers started to think about sowing seed, though the actual sowing was more likely to be in April. March was traditionally the month of strong winds, and a good wind, not too strong, would be welcome, for it would help dry out the soil and allow the seed eventually to be broadcast in the traditional manner.

At the end of March comes the Equinox, the first day of Spring, and Easter. During this month we might consider what winds of change there are in our lives, and how we might respond to them.

The first stage of responding might be cleaning and clearing out, both the clearing out we choose and the way the winds of Spirit urge us to let go of the old. After cleaning and clearing, we need some attunement to what Spirit is indicating as the way forward, and then we can create a space that will allow the new to enter, and our new intentions to be realized. Then comes prayer and invocation as we follow the path that the winds of change and the guidance of Spirit have brought us to.

Submitted by Chris Bullock, SDC

The Lighthouse March 2016  
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Church of Truth – Community of Conscious Living  
Sunday Service – 11:00 am

Working for You  
Your Board of Directors

President	Sanjara Omoniyi	250-900-0281
Past President	D. Joan Thomas	250-721-4054
Vice President	Deborah Hawkey	250-813-1747
Inside Maintenance	Jennifer Sagar	778-440-5234
Secretary/Treasurer	Ron Rayner	250-474-2715
Outside Maintenance	Deborah Hawkey	250-813-1747
SDC Liaison	Colin Lee	250-514-1270

Your Spiritual Directions Committee

Don Morris	250-580-2121
Chris Bullock	250-384-8241
Colin Lee	250-514-1270
Marvelous Trudeau	250-384-2563
Troi Leonard	250-532-3442
Jack Hyatt	250-592-1422

Rentals Esther Hart 250-896-5933

Newsletter dbhawkey@gmail.com

# **SUNDAY SERVICE SCHEDULE**

## **Theme: Spring Winds of Change**

### **March 6                   Spring Cleaning**

Coordinator:     Jack Hyatt  
Moderator:     Bob Winkenhower  
Meditator:     Jennifer Sagar  
Speaker:       Eric Watchorn  
Greeter:        Elsie Poliquin

### **March 13                 Tuning In To Spirit**

Coordinator:     Chris Bullock  
Moderator:     Chris Bullock  
Meditator:     Serguei Martynov  
Speaker:        John Flowers  
Greeter:        TBA

### **March 20                Creating Intentional Space**

Coordinator:     Troi Leonard  
Moderator:     Hendrik DePagter  
Meditator:     Troi Leonard  
Speakers:       Panel Discussion: Don Morris,  
                      Shelley Cardinal & Daniel Ouimet  
Greeter:        Ella Brown

Each of these individuals have been on the spiritual path a lifetime and have their own unique sharing on creating intentional space.

### **March 27                Prayer and Invocation: Community Service**

Coordinator:     Bill Israel  
Moderator:     Bill Israel  
Meditator:     Colin Lee  
Greeter:        TBA

## Speakers Bio:

**March 6:** Eric Watchorn: I was born in January of 1966, the eldest of three children, in Germany, near the border of France in Alsace-Lorraine area. I grew up as a military brat, as my father served with the Canadian Air Force, and my mother was employed by NATO. Upon finishing public school, I chose to move to Canada to begin university and create a life here.

Married 18 years, I am the proud father of a fantastic 15 year-old daughter. My work life began when I was employed by the University of Victoria in the Scholarship Division. I gradually drifted into the institutional trading field, beginning with the Toronto Trading Floor, then on to the NYSE and NASDAQ, and ending with the management of trading floors in Canada and Vietnam. I sold my interests in 2011 and since then have helped many individuals, businesses, and companies fine-tune their investments and estates.

**March 13:** John is retired from various public service Ministries and Departments. “We currently have residences in both Sooke, and near Cranbrook, BC, as my wife Sally and I equally enjoy the ocean and the mountains.

I have been on a spiritual journey for sometime. I am a Knight of the Adivajra Shambhasalem Ashram of Wasa, BC which is dedicated to the common message in all theological traditions. Most recently I have been interested in the teachings of J. Krishnamurti

Meditation is my preferred vehicle to tap out of the duality of daily life.

I am currently a volunteer with the BC Museum of Aviation as a tour guide and also do historical research. I am an avid hiker and enjoy the outdoors with a particular affinity for high alpine meadows. I also enjoy writing and public speaking as well.

**March 20:** According to certain laws inherent in Nature, we as co-creators with God are reminded to clear and purify a space before it is used for spiritual endeavour. All magical work, (the Soul being the ‘true Magician,’) not only requires a clean and ordered body/space in readiness for prayer and invocation yet a mind free from mental clutter and a well-balanced emotional state, one at peace with itself. Important to remember... in the case of those in ‘dire need,’ earnest intention/prayer from the Heart often suffices in being granted a truly needed wish.  
- Troi Leonard

**March 27:** Bill Israel is a member of the Church of Truth, Community of Conscious Living. He is a former United Methodist Church (USA) pastor, a skilled facilitator and Certified Consultant of the Intensive Journal program in B.C. Bill will provide a very brief introduction to the topic of Prayer and Invocation and then pose a simple, relevant topic for small group discussion.



*HAPPY BIRTHDAY*  
*We Celebrate with YOU!*

**MARCH**

Gaynor Hughes	Mar-02
Eleanor McKinnon	Mar-02
D. Joan Thomas	Mar-04
Carol Jean Douglas	Mar-20
Linda Woodbury	Mar-20

**ONENESS WEDNESDAY**

**111 Superior St.**

**7-8:30 p.m.**

**Free or by Donation**

**Everyone Welcome**

**Oeness Wednesdays in March**

Blossoms and leaves - nurturing our community

In March the Oeness Wednesdays provide us with ample opportunity to explore the potential that our COT, Community of Conscious Living holds for us. What works well? What can be improved? How can we serve your needs better? How can you bring in your gifts and talents? What are your questions and insights? Please come and join us in exploring those questions in the sacred space that we hold together and that can be the birthplace for a more vibrant and alive future for our community.

The evenings will be facilitated by Sanjara Omoniyi who serves currently as the president and members of the board and SDC (Spiritual Directions Committee)

## **March 2            Church of Truth (COT), Community of Conscious Living -Who are we and where are we going?**

Come and join us for an evening of reflection and inspiration regarding our Community of Conscious living, known as the Church of Truth. This evening is an invitation for you to get a deeper understanding of this unique community and provide you with an overview about who we are and how we got here. This will be followed by a talking circle that is meant to stir the pot and start the creative process of exploring new potentials.

## **March 9, March 16, & March 23**

### **Deepening Our Connection - Strengthening Our Community**

The CoT community of conscious living is a participatory community that welcomes you and needs you. Your thoughts, feedback, input and participation is what nourishes and strengthens our net of interconnectedness.

Being together in community holds potential for our individual and collective growth and provides us with challenges for our individual and collective growth as well.

On these three Wednesday evenings, March 9, 16 and 23, we invite you to join our circle and deepen our exploration. We want to bring forth fruitful ideas that will lead to concrete action. Strengthening our connection will help us grow and blossom individually and as a community.

## **March 30            Oneness Wednesday - Where Do We Go?**

Oneness Wednesdays is a free or by donation weekly meditative or reflective offering which Pat Miller and Linda Chan started in January 2008. In community partnership with a rich diversity of Victoria's spiritual groups & individuals, people of all faiths and beliefs come together and experience the inherent Oneness of Humanity. Each Wednesday evening is honoured as a peaceful time for reflection or meditation in order to nurture the self and the whole of our global village. Over the years, the monthly topics have changed with a variety of facilitators leading the evenings. We're looking for new, fresh directions & ideas for Oneness Wednesday & we would love your input! We value collaboration.

## **Church of Truth, Community of Conscious Living**

**March 19 and 20, 2016 (Friday and Saturday)**

### **LIFE CONTEXT (Part 1)**

**The first of two consecutive Intensive Journal® workshops at The Church of Truth.**

This two-day workshop will be conducted by Bill Israel who is a member of the Church of Truth and a Certified Facilitator of the Intensive Journal method of Dr. Ira Progoff.

Bill has conducted two previous, Life Context workshops in 2015. These were very well received and you can read evaluation comments on Bill's website at [billisrael.org](http://billisrael.org)

The subtitle of this workshop is "Gaining a Perspective on Life". This two-day experience will enable participants to gain a fresh perspective on their life through exploration of prior events, memories and latent feelings. Working privately in the workshop setting, you will gain insights about major areas of your life including relationships with others, career & special interest as well as body, health and spirituality.

There is no prerequisite for enrolling in this workshop.

**March 21 and 22, 2016 (Sunday and Monday)**

### **DEPTH CONTACT (Part 2)**

**The second of two consecutive Intensive Journal® workshops at The Church of Truth.**

The second in a series of two Intensive Journal workshops is a two-day event conducted by Bill Israel, a member of the Church of Truth and a Certified Facilitator of the Intensive Journal method of Dr. Ira Progoff.

The subtitle of this workshop is "Symbolic Images and the Meaning in Life".

This workshop event is a two day experience enabling participants to continue their private Journal work, focusing on the second part of the Intensive Journal Workbook. In this workshop participants will learn and practice Dr. Progoff's unique method for developing non-cognitive awareness and symbolic experiences found in dreams and twilight imagery.

Participants will also learn specific ways of working toward the development of a meaningful life in clarifying priorities and ultimate concerns. Deepening personal connections to important areas of one's life is the focus of this workshop.

The prerequisite for this workshop is completion of the first workshop LIFE CONTEXT.

For further information please contact Bill Israel:

Telephone: (250) 744-0590 E-mail address: [billisrael06@gmail.com](mailto:billisrael06@gmail.com)

Website: [billisrael.org](http://billisrael.org)

There is also a brochure in the Church of Truth foyer: "Develop a More Meaningful Life"

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## IT'S SHOWTIME!



### **Church of Truth Annual Talent Show**

Where: Church Of Truth, 111 Superior St

When: Saturday, March 19 At 7 pm

Coffee and Goodies Will Be Served At Intermission

Questions? Contact John Vanden Heuvel at

[sunvann@yahoo.ca](mailto:sunvann@yahoo.ca) or by Phone: 778-433-77555

## **Member Exchange Network**

Be available to offer a helping hand to fellow members by "opting in" to the Member Exchange Network, our community-wide email support system. Post personal requests for yourself or on behalf of another.

Just choose to "opt in" on your annual membership form.

Contact: [memberexchangenetwork@gmail.com](mailto:memberexchangenetwork@gmail.com)





**CHURCH OF TRUTH - COMMUNITY OF CONSCIOUS LIVING  
GUIDELINES FOR MEMBERSHIP Renewal**

2016

1. Attendance at our services.

2. A strong desire to participate in our community demonstrated by attending services and getting involved as a volunteer and/or by giving your financial support.

Our Mission Statement says it well:

"We are a supportive community of spiritual discovery. We are a gathering of unique individuals, exploring and allowing our diverse expression of belief. We respect the interconnectedness of all life. We welcome all who are willing to commit themselves to participating in our collective creation. Together, we share our sacred place, this adventure ... this celebration!

Please complete the membership renewal application at the bottom of this form. Your annual \$10.00 membership fee is due before the AGM in April. Your continued membership is based on your active participation in our community.

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Postal Code \_\_\_\_\_

Telephone \_\_\_\_\_

E-mail (optional) \_\_\_\_\_

Please indicate your birthday: Day \_\_\_\_\_ Month \_\_\_\_\_

Amount enclosed with application: \$ \_\_\_\_\_ (Rcvd. by Treasurer \_\_\_\_\_)

Please add me to the Member Exchange Network \_\_\_\_\_

Please include me on the community contact list. \_\_\_\_\_

Check what you would like to have listed:

Name \_\_\_\_\_ phone \_\_\_\_\_ home address \_\_\_\_\_ email address \_\_\_\_\_

Church of Truth – Community of Conscious Living  
Participation Information Form

The Board invites you to consider how you want to participate and the benefits you wish to receive from your participation in the Church of Truth – Community of Conscious Living.

Please complete the form below. (check all that apply)

Participation

Sunday morning greeter \_\_\_\_\_

Coffee serving/cleanup \_\_\_\_\_

Provide Snacks for after service \_\_\_\_\_

Gathering/putting away music and order of service \_\_\_\_\_

Flowers \_\_\_\_\_

Maintenance \_\_\_\_\_

Children’s Program \_\_\_\_\_

Other \_\_\_\_\_

Areas of Interest/Expertise

Spiritual Directions Committee \_\_\_\_\_

Choir/Music \_\_\_\_\_

Meditation \_\_\_\_\_

Workshops \_\_\_\_\_ Moderator \_\_\_\_\_

Speaker \_\_\_\_\_

Fundraising/Functions \_\_\_\_\_

Other \_\_\_\_\_

Benefits

Please share anything you would like the Board to know about the benefits you wish to receive from this community. (Please use the back if more space is needed.)

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Name: \_\_\_\_\_ Phone Number \_\_\_\_\_

\_\_\_\_\_  
Email address:

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## COMMUNITY SERVICES DIRECTORY FOR CHURCH of TRUTH MEMBERS

For information only. These events and services are not endorsed by the Church of Truth, Community of Conscious Living.

NAME	SERVICE	CONTACT INFO
<b>Susan Blackwood</b> 250-889-5335 Weddings, Funerals, Celebrations of Life, Divorce, Retirement, Baby Namings	<b>Ceremonies</b>	<a href="http://www.ceremoniesbydesign.ca">www.ceremoniesbydesign.ca</a>
<b>Renn Butler</b> Archetypal Astrology Consultations, Holotropic Breathwork Workshops	<b>Consultations/Workshops</b>	<a href="mailto:rennbutler@shaw.ca">rennbutler@shaw.ca</a>
<b>Waterfall Good</b> 250-384-7994	<b>Spa Services</b> including Swedish Massage, Facials, Pedicures, Manicures, Reflexology, Reiki treatments; for men that I know personally or for any women.	<a href="mailto:waterfallgood@gmail.com">waterfallgood@gmail.com</a>
<b>Stephen Graves</b> 778-677-7597 All things PC (and little things MAC) Hardware, software, troubleshooting, networking and web design. \$25.00 per hour	<b>Computer Service</b>	<a href="mailto:stephen@spiritquest1.ca">stephen@spiritquest1.ca</a>
<b>Dr. Roland Guenther</b> 250-650-1662 email: <a href="mailto:roland@natures-mystery.com">roland@natures-mystery.com</a>	<b>MD (Germany), PhD, Homeopathy</b>	<a href="http://www.victoriahomeopathy.com">www.victoriahomeopathy.com</a>
<p>Roland specializes in helping people with severe chronic diseases. Homeopathy is a holistic modality that can provide healing in a wide range of health problems, anxiety, and depression, and their manifestations in the body.</p>		
<b>Esther Hart</b> 250-896-5933	<b>Author, Speaker, Freedom Coach, Author Mentor</b>	<a href="http://www.authorssolutions.com">www.authorssolutions.com</a>
<p>Esther inspires people with her talks, coaching and writing, always encouraging people to experience freedom by trusting their own knowing. She gets great pleasure from supporting other writers to blossom into authors so that their inspirational stories can reach the people they are meant to inspire.</p>		

**Deborah Hawkey**      **Technical Writing**  
250-813-1747      [writeitright@shaw.ca](mailto:writeitright@shaw.ca)  
Sales & Marketing, Career Coaching, Websites, Desktop Publishing, Resumes &  
Cover Letters

**Cedona Holly**      **Spiritual Counsellor/Meditation Facilitator**  
250-642-1060      [www.EternalOneness.org](http://www.EternalOneness.org)  
[www.whitelionschildrensbook.org](http://www.whitelionschildrensbook.org)

**Pauline Karch**      **Videography Services**      [paulinekarch@gmail.com](mailto:paulinekarch@gmail.com)

**Laura Lane**      **Celebration Pianist**      250-893-9656  
Accompanist, Pianist, Singer. Available for Weddings, Celebrations of Life &  
Special Events  
“Comfort Zone” Band, Boomers, Folk, Light Rock music group.

**Paul Monfette**      **Carpenter**      250-896-4439  
Specializing in Reno’s, Decks & Alterations

**Daniel Ouimet**      **Carpenter/Craftsman/Designer**  
For all your renovation, restoration and furniture design needs (and wants)  
[chanteclaraartisan@gmail.com](mailto:chanteclaraartisan@gmail.com)

**Michelle Pedersen**      **Make-up Artist**  
For make-up consults and pricing please email me at  
[sweetpeamakeup@gmail.com](mailto:sweetpeamakeup@gmail.com)

**Bernadine Sperling**      **Pet Sitting**      250-384-5721  
(drop-in cat visits & James Bay dog walking)

**Junie Swadron**      **Author, Writing Coach, Workshop Facilitator**  
250 - 813-0183      **& Psychotherapist**  
[www.junieswadron.com](http://www.junieswadron.com) or [junieswadron@hotmail.ca](mailto:junieswadron@hotmail.ca)

**Leonard M. Thornton, Ph.D. Liberating Energy Psychology with EFT**  
removes blocks to health, happiness and freedom!  
<http://www.eftandmorelive.com>      250-598-4303  
[celestial999@gmail.com](mailto:celestial999@gmail.com)