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**Contact:
111 Superior St.
Victoria, BC V8V 1T2
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**Plunging Into the Creative Fire:
Finding Union in Separation**

In England, November is a fiery month. There is of course, the burning of effigies of Guy Fawkes on November, but there are also traditions of burning tar barrels being carried through village streets, and, in the ancient town of Rye, a bonfire procession is capped by the burning of a ship, while celebrants dressed as Vikings, Cavaliers, Pirates, Dancing Girls and the like dance around the conflagration. November is also mainly under the astrological sign of Scorpio, and Scorpios too tend to have fiery personalities. Famous Scorpios include St Augustine (who allegedly prayed “O God, give me eternal chastity, but not yet”), the visionary Romantic poet Samuel Taylor Coleridge, and the defiant Protestant leader, Martin Luther. Why this association of fire with November? One explanation is that November is a dark month, when winter is drawing in, and it is necessarily to call upon the fire of passion so as not to be overwhelmed by the darkness. To this opposition of darkness and fire, we can add a second opposition, the opposition between death (separation) and sex (connection, gathering) which is another theme in the sign of Scorpio. At the heart of creativity in November is the establishment of a relationship, a pulse, between these pairs of apparent opposites.

Submitted by Laurence Beal: SDC

The Lighthouse November 2016
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Church of Truth – Community of Conscious Living
Sunday Service – 11:00 am

Working for You
Your Board of Directors

President	Brian Martin	778-430-1872
Past President	Sanjara Omoniyi	250-900-0281
Vice President	Troi Leonard	250-532-3442
Inside Maintenance	Marvelous Trudeau	250-384-2563
Secretary	Michelle Pederson	778-350-7999
Treasurer	Ron Rayner	250-474-2715
Outside Maintenance	Deborah Hawkey	250-813-1747
SDC Liaison	Bill Israel	250-744-0590

Your Spiritual Directions Committee

Laurence Beal	250-380-6429
Chris Bullock	250-384-8241
Linda Chan	250-380-6383
Jennifer Sagar	778-440-5234
D. Joan Thomas	250-721-4054
Leonard Thornton	250-598-4303

Rentals Esther Hart 250-896-5933

Newsletter dbhawkey@gmail.com

SUNDAY SERVICE SCHEDULE

Theme: Plunging into the Creative Fire

November 6 The Mystery of the Phoenix

Speaker: Catherine Denison
Moderator: TBA
Meditation: Pauline Karch
Greeter: Jennifer Sagar

November 13 Fiery Celebrations

Coordinator: Chris Bullock
Moderator: Chris Bullock
Meditation: Michael Heaney
Presentation: Stephen Faulkner
Greeter: Marie Logan

November 20 Kundalini - Trancending the Separation

Moderator: Cedona Holly
Meditation: Cedona Holly
Speaker: Dawn Rabey PhD RCC*
Greeter: Marie Logan
Coordinator: Leonard Thornton

November 27 Community Service – Advent

[the 1st of 4 Sundays approaching Christmas]
Principles of Devotion, Compassion
Color Theme: Royal Blue
Archangel: Raguel

Coordinator: Laurence Beal
Moderator: Sanjara Ominoyi
Meditation: Jennifer Sagar
Greeter: Laurence Beal

November 13 What practices can keep the fire of life alight during dark times?

These practices could include everything from traditional celebrations like Guy Fawkes/Bonfire Night in England to dancing the tango with passion. These practices and many more can be considered “fiery celebrations.”

November 20 Kundalini: Transcending the Separation

Many thousands of years ago, it was discovered in many parts of the world that there was an intelligence energetically connected to the body that was associated with transformation of the body and spiritual awakening. This creative energy or life force came to be called kundalini. It is the creative fire of life itself that moves up the central channel of the spinal column and awakens all the energies of the chakras from the base or 1st to the crown or 7th. As it moves to the 2nd, or sacral/sexual center, for example, all the energy patterns in this chakra are activated and can bring either problems and misuse of this energy physically or can be raised to the 5th or throat center and expressed in great creative genius, as with Michelangelo or Mozart. In the tantric approach to sex, the energy in this center becomes transformed from a primarily physical experience to an experience of ecstatic spiritual union indwelling divinity and become awakened human beings. Submitted by Leonard Thornton

November 13 Dr. Stephen Faulkner has practiced both specialised and general practice medicine. Originally born in New Zealand, he has resided for many years in Duncan, where he has been extensively involved with local First Nations and with leading men’s groups. Stephen has also a deep and abiding interest in poetry, especially the poetry of William Blake, and, every year, leads a poetry day celebrating the return of the salmon on his property just outside town.

November 20: Dr. Dawn Rabey is a Psychotherapist and Registered Clinical Counselor in Private Practice, and a Kundalini Yoga Teacher. She specializes in the Integration of Spiritual & Kundalini Awakenings and Higher States of Consciousness into our everyday life. Her PhD research focused on Women's Transpersonal Experiences with the Divine Feminine, which was inspired by her own Kundalini Awakening in 2008. She sees clients locally in Victoria as well as Worldwide, supporting the transformation of our experiences with trauma, relationships, eating disorders, depression, anxiety and more.

November 27: This service will be the first of four Sunday services in which the Advent rituals will be given focus in opening the service. We don’t know when the period of preparation for Christmas called Advent started up – it was around and noted from about 480. The usual liturgical color in Western Christianity for

Advent is either violet (or purple) or blue]. You are invited to wear an article of clothing in the color of Royal Blue on this first day of Advent. Each Advent Sunday, there will be an invocation of an archangel, their principles, and a color theme. Raguel is the name of the first archangel for the 27th of November. The ideal is Love, and the community service will include small group sharing on the topic of:

“What are the best examples, short anecdotes you can bring to share, of devotion, compassion, or of the deepest spiritual loves expressed?”

Although we will have the usual coffee and cookies, we will not have a potluck, food sharing on this particular Community service day, because there is a scheduled event following the café.

Oneness Wednesday & Meditation
Church of Truth
111 Superior St.
Free or by donation
Everyone Welcome
7-8:30 p.m.

We have initiated this regular meeting and practice of silent meditation for a half hour within the total meeting time. There is a 15 minute relaxation and settling in time with a small talk to guide us into the relaxed state for meditation. Following the silence, one may depart with peace or stay for a little fellowship and sharing and an opportunity to light a candle for prayer and offering.

HAPPY BIRTHDAY

We Celebrate with YOU!



NOVEMBER

Jennifer Hastie

November 3

Katharina Nolla

November 11

Joyanna Wilkinson

November 17

Jayne Gerlach

November 21

Deborah Hawkey

November 21

SECRETARY WANTED

The Board cordially invites you to join our responsive team and contribute your consummate secretarial skills in service to our wonderful community.

Training and assistance will be provided to ease your way into the process.

Please contact any Board member or myself to embrace this opportunity.

Brian Martin, President

A FACILITATED COMMUNITY CONVERSATION

Living Well / Dying Well

Sponsored by the Centre for Earth and Spirit Society

You are invited to a special Community Conversation in the sanctuary of the Church of Truth. This informal session will be facilitated by Bill Israel and Kim Holl.

Date: November 03, 2016. Time: 3:00 to 6:00 pm

Hosted by The Church of Truth, 111 Superior Street

- Experience the art of conversation, where both speaking and listening are valued
- Discovery - question old assumptions & look for new insights
- Explore openly with others, issues on aging and end-of-life
- Connect with like-minded people engaged in spirited conversation
- Reframe your perception of aging in our youth-centered culture

Join our Community Conversation as we explore each other's wisdom, cultural traditions, and inherited stories that may support and/or inhibit a healthy attitude towards aging well. As part of the continuum of aging well, we will uncover our attitudes and beliefs that we hold on death and dying.

During the Community Conversation:

We will explore the aging and end-of-life issues that are of interest to you. Our conversation will begin with a few prompted questions – a doorway that leads to open and rich dialogue. We will explore, in a comfortable and sacred space, the wisdom, issues, questions, and concerns that are most important to you as you reflect upon your own aging process and final days.

Space is limited. Please contact Bill Israel to register your attendance.

Telephone.: 250-744-0590 or E.mail: billisrael06@gmail.com

November 25-28, 2016

Sanctuary of The Church of Truth

Two INTENSIVE JOURNAL Workshops

Sponsored by Bill Israel, Principal Facilitator of IMAGINE LIFE Transitions

Friday and Saturday, November 25 & 26 (12 hours)

Life Context Workshop “Gaining a Perspective on Life”.

Learn the basic operating principles for using the Intensive Journal method through a direct experience in your life. This workshop covers about half of the exercises in the Intensive Journal workbook.

Develop an inner perspective on the movement of your unfolding life process.

Gain greater awareness of the continuity and direction of your life as it reveals what it is trying to become.

Generate insights about significant areas of your life, including personal relationships, career and special interests, and body and health. The dialogue

process provides a unique way to gain feedback and momentum as you deepen your understanding of your life experience.

Participants are introduced to the deeper-than-conscious and spiritual dimensions. Learn how to use wisdom figures to stimulate your inner process. The Life Context workshop provides you with a solid experience in your life from which you can work on your own or continue on to the next module.

Prerequisite: None.

Sunday and Monday, November 27-28 (12 hours)

Depth Contact Workshop:

“Symbolic Images and Meaning in Life”

Deepen the quality of your experience as you focus on the exercises in the second half of the Intensive Journal workbook. Learn how to use Progoff’s unique non-analytical method to draw forth imagery and messages from your inner symbolic experiences. These can provide important leads in your unfolding life process. Using Process Meditation™ techniques provides specific ways of developing your spiritual process in the context of your entire life. Explore experiences of connection that had significant meaning, gain insights about your ultimate concerns, and explore major themes in your life. Progoff’s advanced meditation techniques provide an avenue for greater reflection.

Prerequisite: Life Context (LC) workshop.

REGISTRATION FEES:

Life Context Workshop	\$215.00 (CDN)
Depth Contact Workshop	\$ 215.00 (CDN)
Both workshops	\$400.00 (CDN)

NOTE: Bursaries available for those with little or no income & students

Registration includes all workshop materials (Journal Workbook in 3 ring binder; writing paper and handouts) A light evening meal for the first day of each workshop is provided, along with break refreshments each day.

To register or get more information please contact Bill Israel.

Telephone 250-744-0598 or Email billisrael06@gmail.com

You can also learn more about the history, background and content for The INTENSIVE JOURNAL process and the facilitator by going on-line:

www.billisrael.org and www.intensivejournal.org and www.centerforearthandspirit.ca

November Book Launches at the Church of Truth

111 Superior St., Victoria, BC

Glorious Me, My Journey on the Path to Self-Love, by Deborah Hawkey

Friday, November 18, 6 - 8:00 p.m.

Refreshments will be served

Bring a friend for a chance to win a FREE book

In *Glorious Me*, Deborah takes the reader on a journey of triumph over childhood emotional abuse, life with a rage-aholic father, PTSD, and possibly her biggest challenge ever, being abandoned by her mother at the age of six while battling for her life against terminal cancer.

Glorious Me will appeal to anyone dealing with challenges in their life and who want to be inspired by a success story. It is much more than a memoir about debilitating illness and emotional trauma. It holds the key to what is possible when you trust, love and forgive.

Sunday, November 20, 1:30 - 5:30 pm.

I Always Loved Jesus, But The Church Stole Him From Me

by Marvelous Trudeau

Marvelous Trudeau invites you to share these marvelous moments. She doesn't want to change your mind, but encourages you to tap into new ways to think and feel about old paradigms. "For those who wonder about the greater meanings of being and life itself, this book will inspire you to pursue your spiritual quest. Marvelous takes you through her journey, and along the way shows how we all have a place amongst the Higher Power."

Religion: Are you hobbled psychologically by your church doctrine? Do you have to believe in their formula or be excommunicated? Is your religion sane, natural and humane? Is the opportunity for spiritual growth open to all?

First Nations: Do you think spiritual ways were superior to some religions? Native First Nations people made contact with the collective unconscious and contact with other universal beings called, 'The Star Nations'. The land was sacred, they saw kindred spirits in all animals and plants. When a man moves away from nature his heart becomes hard -- Native American Proverb, Lakota Sioux

Twelve Step Program: Do you realize that the twelve step program has a deeper spiritual meaning? These sensitive men and women are reaching for and have found alignment with their Inner Guidance, a God of their understanding. "In such an atmosphere the orthodox, the unorthodox, and the unbeliever mix happily and usefully together. An opportunity for spiritual growth is open to all.
(As Bill Sees It - page 158, by A.A.'s co-founder)