



THE LIGHTHOUSE OCTOBER 2012

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Contact:

**111 Superior St.
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250-382-5412
<http://cotvictoria.ca>**

Unity Consciousness

When the SDC selected the theme of “Unity Consciousness” for October ... I reflected some time later that:

Unity Consciousness describes our church, our community.

I reflected that ...

In this community we honor Diversity, allowing each to express their truths knowing that from their perspective indeed that is what it is.

And from my perspective, I may or may not fully agree, but I know that should I choose, I will be given opportunity to share my thoughts, my feelings.

I know that when I say “God” or “Great Spirit” that each of my brothers and sisters will relate this to their concept of Divinity.

I can trust that what is shared is shared from the Heart, that personal agendas are not always tolerated. And yet all agendas that promote, that support the wellbeing of our community are welcomed.

I reflected that ... Each beautiful Soul here is contributing to the understanding of Self Self-Love and the desire to achieve the Sacred Union of Spirit and Matter.

And it is the recognition of Balance within our Being that releases the gift of Self-Healing ... thereby enabling us to facilitate the self-healing of another.

We Are the Alpha and Omega of Being.

By understanding that our journey is to experience the Love of Spirit ... helps us to appreciate that all experience is of a Loving nature, even the pain, the lows and times of anguish.

The illusion of separation is a gift we received from Spirit, upon entering this great Cosmic experiment.

A gift to enable us to become more aware of the Unity, the perfect Balance of the universe.

Come Unity. We emulate the Perfect Balance of God, of Love, of All That Is. And it is an honor to be able to share and serve our most precious “Community of Conscious Living”.

Stephen Graves SDC

The Lighthouse October 2012
 A Newsletter for Friends of the Church
 The Church of Truth - Community of Conscious Living

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief.

Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas may enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Sunday Service – 11:00 am
 Working for you - Your Board of Directors

President	Patti Huot	250-385-0941
Past President	Esther Hart	250-896-5933
Vice President	Roland Guenther	778-433-4386
Treasurer	Hanna Figon	250-412-7446
Secretary	Cynthia Pattison	250-661-8687
Rentals	Esther Hart	250-896-5933
Outside Maintenance/SDC Liaison	Sanjara Omoniyi	778-433-4386
Inside Maintenance	Dancing Wolf	250-418-0694

Your Spiritual Directions Committee Members are:

Trish Coleman	250-721-1973
Stephen Graves	778-677-7597
Hendrik de Pagter	778-440-5234
Dancing Wolf	250-418-0694

Community Care Liaison – Lorna Rennie 361-2079
 Newsletter—Deborah Hawkey Email dbhawkey@gmail.com
 Newsletter Submissions welcomed by the 21st. of each month
 Linda Chan <http://cotvictoria.ca>

Sunday Service Schedule for October 2012

OCTOBER'S THEME: UNITY CONSCIOUSNESS

- Oct 7** **Abundant Gratitude**
Moderator: Trish Coleman
Meditation: Stephen Graves
Speaker: Program Community Participation
 The 4 Directions
Greeter: Jack Hyatt
- Oct 14** **Unity Consciousness**
Moderator: Stephen Graves
Meditation: Daniel and Elvira
Speaker: Stephanie Leigh
Greeter: Zsuzsa Harsman
- October 21** **Empowered Community**
Moderator: Marvelous Trudeau
Meditation: Carol Douglas
Speaker: Diana Kuch
Greeter: Marie Logan
- Oct 28** **Community Service**
Coordinator: Hendrik de Pagter
Moderator: Lorna Rennie
Meditator: Laura Lane
Speaker: Community Service
Greeter: Elvira Perrella



ONENESS WEDNESDAY IN OCTOBER

**GETTING TO KNOW EACH OTHER: SHARING CIRCLES for a BETTER
FUTURE**

TRUTH AND RECONCILIATION AND BEYOND



Facilitator: Joanna Wilkinson (Joyanna)

October 3, 10, 17, 24 & 30

**Church of Truth, Community of Conscious Living
111 Superior Street (in James Bay)**

Circle Starts at 7 p.m.

Snack luck and get together after our circle

Contact Joyanna at 250-361-3181 or visit <http://cotvictoria.ca>

Oct 3: Opening with Frank Smoke: Smudging

Oct10: Dr. Roland Guenther

**Oct 17: Monique Gray Smith, author of Hope and Empathy, will present
History through the lens of resiliency**

Oct: 24 &31: Story telling

HAPPY BIRTHDAY

We Celebrate with YOU!

October 8 John Hutton
October 10 Bernadine Sperling
October 16 Greg Skala
October 26 Lorna Rennie



UP CLOSE

with

Deborah Hawkey

Soul Mantra in the Life of a Quiet Warrior: Deborah's life through my lens.

There is always a soul story behind everyone's eyes; a life story full of love, passions, obstacles and victories.

In the spring of this year, I met Deborah, at a Sunday morning community service. During the sharing in small groups, I listened as she spoke; not knowing that I was placed in the shoes of a Divine observer to witness a soul unfolding. Word by word, the mystery of the existence of this soul came alive to me like a lotus in full bloom.

Deborah was born in Vancouver on November 21, 1954. The oldest of three children and a stay at home mom where "a happy romance" was not served as an everyday menu item. A tight budget and fighting only added to the daily tension.

She became ill after playing in a field that had recently been sprayed with pesticide. At age 4 ½ she was diagnosed with acute blast cell leukemia and given six months to live. As she was not expected to live through the night, a minister performed Last Rights as her lifeless body lay comatose, shrouded in ice cold sheets in an effort to reduce the 106 degree fever. Miraculously; she survived.

After 37 days in the hospital and more than 100 blood transfusions she was sent home to die, as the doctors said there was nothing more that could be done for her.

This added burden did nothing to sweeten an already failing marriage. Her mom had a fling with a family friend and got pregnant. Dad forced her mom to make a decision: either give the baby up for adoption or leave. Her mom left for Ontario, leaving Deborah and her siblings with an angry man who was in no way prepared to handle the dual role of mother and father.

Awareness of soul was activated in her early childhood, as she vaguely remembers the nurses telling her they had never seen a 'kid with such a strong will to live'. Her first chakra, the center for safety, family, and trust, was deeply wounded and set her life running under the power of the archetypes of the abandoned child and victim for several years. No doubt that goes back to our childhood and perhaps the Child archetype in all of us. Problems, no matter what they are, immediately make us feel vulnerable, and vulnerability brings out the feeling of being helpless.

Helplessness awakens the Child archetype in us, or any of the other archetypes that symbolize powerlessness. However, her soul wisdom and survival instinct kicked in when those life-affirming words were burned into her subconscious memory and became her silent mantra for the next fifty years.

She found her soul identity: "A kid with a strong will to live" and a new archetype, a Warrior, formed a circle around her soul table.

In a newly formed family without a mom, she failed to bond with her siblings. Lacking a secure sense of home and family led her to develop a precocious sense of independence and self-reliance.

During the time of self-survival and preserving her senses, Deborah dipped into her soul wisdom as a means of solving her problems with her wit and street smartness in the archetype of a prostitute; which was born just in time.

I smiled at her during her sharing "I gravitated toward entrepreneurial pursuits and discovered that I had a natural talent in the business realm." Her second chakra that works as the Trade Centre in the human body was activated by her creative work.

"It was not easy on my body" she said "At age 21; I was diagnosed with crippling rheumatoid arthritis." Specialist Dr. Robert Hill said "You will never walk again; you will be in a wheelchair the rest of your life." Recovery from this prognosis came about six months later when a new spiritual epiphany significantly marked her life.

One morning, as she was getting ready for work at a mining camp in Northern BC, a booming voice said “HEY YOU, I HEALED YOU OF CANCER.” At that time, she didn’t know anything of God but at a deep level she knew this was the audible voice of God speaking to her.

She looked in the small, wood framed mirror over the sink and said out loud “what are you crying for, you’re so happy” when she had this revelation; God heals, man cures. Then she looked under the shower stalls and toilets to make sure someone wasn’t playing a trick on her. She was there alone. Her illness story ends with a happy ending, her arthritis has not returned since age 25.

Suddenly, her eyes got shiny when she talked about her hobby – baking cheesecakes. It was the very reason she moved to Victoria; to explore this new territory by walking in pioneer shoes. Upon arrival, she immediately started baking cheesecakes in a friend’s kitchen and systematically went to every deli, café and restaurant in downtown Victoria, giving samples to shop owners, taking orders, and building up a successful cheesecake business. Over the next five years the business morphed into Queen of Tarts, a specialty butter tart outlet, boasting 30 varieties, which the 1985 edition of The Victoria Star reported as Victoria’s best. It was one of the sweetest and most prosperous times of her prime years.

She always had a strong desire to create a surrogate family and sought community among those who were inappropriate, untrustworthy and possibly dangerous. As the business grew, she took on a partner, a friend; who was not the wisest choice. It took her the next year to get her business back. This process and working eighteen hour days, seven days a week exhausted her; she shut the business down shortly thereafter.

After reading a book, Nothing Down by Robert J. Allen, real estate occupied her mind in the early 80’. It was a time when buying houses for nothing down was the rage and she bought her first rental property with ZERO down.

Later on, she decided go back to school and become a Nursing Aid. Immediately upon graduating, she made an application with the Ministry of Children & Families, had her house approved and operated as a caregiver for three mentally challenged adults for the next eight years.

For fourteen years, she worked in an extended care facility. The work was physically demanding and she was forced to take a one year LOA. In spite of trying to return to the caregiver line of work, her intense shoulder pain was giving her a clear message “we aren’t doing this anymore.” In this way, she was divinely guided to redirect her life again.

Life's surprises come in many forms. On a Friday in August 2008, her doctor read the Neurologist's report from January 2006 which led her to be diagnosed with Parkinson's disease and she knew that her life was going to change again.

When she arrived home and started cutting the grass a deep intuitive voice spoke into her core "THIS IS STRESS." She stopped the lawnmower, went in the house and looked up 'stress' on the Internet. To her absolute surprise the description of PTSD fit her perfectly.

She also discovered a link between stress and pesticide that were listed as contributing factors for Parkinson's; and the fact that her grandmother had it seemed to make her a likely candidate as well. "It said that PD will not kill you but it will change your life. Phew"

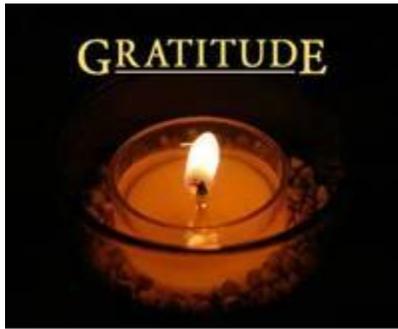
In November 2008, in search of her true self, peace, and spirituality, she was led to the Church of Truth where a Oneness Wednesday presentation on Ekhardt Tolle's book The New Earth created an open door to spirituality for her. Life at church created many opportunities for growth, as she shared her hesitation about speaking in public. But now all of that has changed. She knows that all of the times her knees were knocking, her voice was trembling, and her hands were shaking was a creative passage to her new life, full of new soul discovery of who she is and why she was sent back to earth as a soul.

As soon as I heard her soul-story, I recognized that I'd been given a pearl of great wisdom that I will pass on to others through my writing to you and hopefully those who hear it will be as inspired as I was when I heard it.

A human being is a walking storybook, a diary of people that person has met, that I will never meet, places he or she has traveled and lived, that I will never see, and experiences that no other person on earth has ever witnessed. Seeing through the "eyes of your soul" begins with appreciating that all things in your life have purpose and meaning.

At the Church of Truth, you never know with whom you are talking. It might be one of the Divine Observers sent to earth to gather true life stories of earthly warriors who live up to their own soul mantra as Deborah has been guided in her life. In my eyes, she is a living example of strength, courage and never-ending hope.

Written by Deborah Hawkey & Veronika Prielozna (In the shoes of a Divine Observer)



Thanksgiving is a day for profound gratitude. We are eternally grateful for the Songhees land on which our wee kirk stands. We are grateful for the harvest. We are grateful for all the Beings on this earth. Please join us for our Ritual of Giving Thanks at 11am on October 7th and stay for the pot luck Feast.

Questions call Sanjara at 778 433-4386

The origins of Canadian Thanksgiving are closely tied to European traditions. Long before Europeans settled in North America, festivals of thanks and celebrations of harvest took place in Europe during October. Canada's earliest Thanksgiving, also considered the very first Thanksgiving celebration in North America, took place in today's Canada when Martin Frobisher, an explorer from England, arrived in Newfoundland in 1578. He wanted to give thanks not so much for the local harvest, but mostly for safely arriving to the New World – the Americas. Frobisher established the first settlement in North America. As other Settlers arrived later in today's Canada, they continued to celebrate Thanksgiving each year yet with emphasis on giving thanks for the harvest.

Come Ye Thankful People Come

Come, ye thankful people come: Raise the song of harvest home
All be safely gathered in: Ere the winter storms begin
The Earth our maker doth provide: For our wants to be supplied
Come, ye thankful people come: Raise the song of harvest home.

We return thanks to our mother, the earth,
which sustains us.
We return thanks to the rivers and streams,
which supply us with water.
We return thanks to all herbs,
which furnish medicines for the cure of our diseases.
We return thanks to the moon and stars,
which have given to us their light when the sun was gone.
We return thanks to the sun,
that has looked upon the earth with a beneficent eye.
Lastly, we return thanks to the Great Spirit,
in Whom is embodied all goodness,
and Who directs all things for the good of Her children. Iroquois
Submitted by Trish Coleman



A NEW FAN CLUB: YOUR MOST MARVELOUS MOMENTS

This is a fan letter from Marvelous to all of you out there.

I am inspiring you to write a letter to me **TO BE READ ON STAGE**. I will read the funniest letter I receive for my stand-up routine; I will mention your name, if you want recognition.

For example, the most embarrassing moment of my life, an inspiring moment, a miracle moment, a good belly laugh joke, one-liners, anything you feel must be shared to be enjoyed.

Please call 250-384-2563 if you want more information.
Marvelous Trudeau
#303 -332 Michigan St.
Victoria, BC V8V 1R5
Email: marvelous9@shaw.ca



COMMUNITY SERVICES DIRECTORY

NAME	SERVICE	CONTACT INFO
Laurence Beal	Counsel	swimonmars@hotmail.com
Philosophical dialectic is used addressing issues of concern, personal, relationship, transition, etc.		
Susan Blackwood	Ceremonies	250-889-5335 www.ceremoniesbydesign.ca
Weddings, Funerals, Celebrations of Life, Divorce, Retirement, Baby Namings		
Renn Butler	Consultations/Workshops	rennbutler@shaw.ca
Archetypal Astrology Consultations, Holotropic Breathwork Workshhops		
Lynn Goodcare	Life and Love Coach	250-642-2882 www.openingtolovenow.com
Deborah Hawkey	Writing	writeitright@shaw.ca 250-813-1747
Sales & Marketing, Websites, Desktop Publishing, Resumes & Cover Letters		

Cedona Holly **Spiritual Counsellor/Meditation Facilitator** 250-642-1060
www.EternalOneness.org
www.whitelionschildrensbook.org

Gillian Huot **Housekeeper** 250-385-0941
Weekly, bi-weekly, monthly
\$25/hr

Pauline Karch **Videography Services** paulinekarch@gmail.com

Kelly Kerr **Massage, Energy Healing** 250-999-9282

Laura Lane **Celebration Pianist** 250-893-9656
Accompanist, Pianist, Singer. Available for Weddings, Celebrations of Life &
Special Events
“Comfort Zone” Band, Boomers, Folk, Light Rock music group.

Daniel Ouimet **Craftsman** 250-507-6711
www.chanteclerwoodcraft.com
Home renovations, Furniture making, Functional art

Sharon Schroeder **Alternative Healthcare Services** 250-661-0072
Healing Energy with Foundation Beauty

Bernadine Sperling **Pet Sitting** 250-384-5721
(drop-in cat visits & James Bay dog walking)

Marvelous **Escort** 250-384-2563
Will take people to 1st A.A. meeting

