



THE LIGHTHOUSE

MAY 2013

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AWARENESS

Awareness. Advaita. Non-dualism. Presence. Sitting.

One-point meditation. No point meditation.

Self-Inquiry. Self-Realization. No-Self.

Sit.

Early in the new year, I called Bernadine Sperling to ask her to greet at Church and in that phone call, and follow-up e-mails, the idea emerged that the SDC, with Bernadine's help, put together a series of services with the general theme of non-dualism, or fundamental Oneness, Advaita in Hindu spiritual philosophy (a-dvaita, "not two" or non-dualism; the a- as indicator of "negative" or "absent" exists in fellow Indo-European language English: moral, amoral; gnostic, agnostic). As I engaged in a deeper learning about non-dualism, the centrality of "presence," being fully present in the here and now, became evident. Surprisingly, the idea of techniques or tools to become present, doesn't fit. It appears to be not about "doing" anything but about fully accepting "being," and in that full acceptance expanding infinitely. I think.

There is nothing to learn, there is no path. Indeed, in my case it might be more about unlearning, a very useful tool for this being just sitting, with no agenda but to breathe and watch the mind play, without judgement, noticing the immense productivity of the restless mind. Sitting with Sally Ross and friends, I felt a comfort that after 45 minutes of awareness of this riot of endless thought and endless calm breathing, this had unfolded without judgement of self. It just is me now, crazy mind and all. OK. I suspect that with more sitting, my record of about 11.3 seconds of just breathing, without thought, may stretch out to the vast quiet of half a minute. From there I could dare to dream of more ... I'll sit on it.

On May 5, Sally Ross will sit with us and discuss "Facing Selfward." In her gem of a book, "The Selfward Facing Way," Sally Ross discusses the central illusion of separateness, the belief that "I am just my body." This sense of separateness is like Buddha's comments on desire: the source of our suffering. Through Self-Inquiry, "facing Selfward without any idea of what you are," by surrendering concepts of what we are, we develop a Self-Knowledge of "forever here-ness" as our true identity.

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The Lighthouse May 2013
 A Newsletter for Friends of the Church
 The Church of Truth - Community of Conscious Living

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief.

Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas may enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Sunday Service – 11:00 am
 Working for you - Your Board of Directors

President	Roland Guenther	778-433-4386
Past President	Patti Huot	250-385-0941
Vice President	D. Joan Thomas	250-721-4054
Treasurer	D. Joan Thomas	250-721-4054
Secretary	Paul Monfette	250-896-4439
Rentals	Esther Hart	250-896-5933
Outside Maintenance/SDC Liaison	Jack Hyatt	250-592-1422
Inside Maintenance	Elizabeth Morris	250-433-4386

Your Spiritual Directions Committee Members are:

Susan Blackwood & Sanjara Ominiya	250-889-5335 778-433-4386
Stephen Graves	778-677-7597
Colin Lee	
Peggy Muncaster	250-888-7664
Dancing Wolf	250-418-0694

Community Care Liaison – Lorna Rennie 361-2079

Newsletter—Deborah Hawkey Email dbhawkey@gmail.com

Linda Chan <http://cotvictoria.ca>

SUNDAY SERVICE SCHEDULE FOR MAY

May Theme: AWARENESS

May 5

Facing Selfward

Co-ordinator: Stephen Graves
Moderator: Bernadine Sperling
Meditation: Sally Ross
Speaker: Sally Ross
Greeter: Joyanna Wilkinson

May 12

Embodied Non-Duality and Self-Realization

Co-ordinator: Hendrik de Pagter
Moderator: Paul Monfette
Meditation: Greg Marian
Speaker: Greg Marian
Greeter: Hendrik de Pagter

May 19

Oneness Awareness

Co-ordinator: Peggy Muncaster
Moderator: Peggy Muncaster
Meditation: Cedona Holly
Speaker: Julia "Jewel" Day
Greeter: Pat Miller

May 26

A Raisin in the Sun- Community Service

Co-ordinator: Dancing Wolf
Moderator: Laurence Beal
Meditation: Pauline Karch
Greeter: Dancing Wolf

Continued from page 1

The "forever hereness" may also be called "God, the Holy Spirit, the Tao, Truth, the Universe, Eternity, Infinity, Allah, Buddha Mind, Egolessness, Brahman, the Self, the No-Self, Enlightenment, Emptiness, Unity, Advaita, Nirvana ..."

On May 12, Greg Marian will lead us in meditation and discuss "Embodied Non-Duality and Self-Realization." There is a direct path, and Greg will share it with us. Happily, this does not require "further spiritual practice or experience." Greg's long search through Zen, schools of Buddhism, Raja Yoga, Advaita philosophy and contemporary psychology and time spent with spiritual teachers, informs his understanding and continues to inspire him.

On May 19, Julia Day will discuss the "Many Paths Up the Mountain of Spirit" concept, and how an approach to and embodiment of Oneness Awareness can be available in one's life. Julia is a long-time student of non-duality, A Course in Miracles, cranial sacral therapy, quantum healing and more. Check out her website [Oneness in Oneness](#).

For the final service of May, on the 26th, the community will discuss Awareness as it moves in each of us, who are One. ,"

My thanks and gratitude to Bernadine Sperling for her invaluable contributions to this upcoming month and to my colleagues on the Spiritual Directions Committee, who made this project a stimulating pleasure to help put together.

Submitted by Hendrik de Pagter, SDC

HAPPY BIRTHDAY

We Celebrate with YOU!



Trish Coleman May 20

Cedona Holly May 21

Marie Logan May 29

ONENESS WEDNESDAY IN MAY

Church of Truth

111 Superior St.

7- 8:30 p.m.

May 1, 8, 15, 22 & 29

Free or by Donation

Labyrinths of Victoria



This year Vancouver Island hosts the 2013 World Labyrinth Conference. Victoria will be the pre-conference host on September 16 and 17th. The **Theme: "Labyrinths for Global Healing, Landscapes for the Soul"**. Oneness Wednesdays in May at the Church of Truth will explore the Labyrinth creatively and inwardly. These awareness evenings will follow the pattern of spiraling inwardly

and deepening personal experiences in a fun and creative way.

Here is the line-up of our Wednesday events:

May 1 "Circle Dancing and Journey into the Labyrinth"

with Betsy Nuse and Marta Lena Gassier

Betsy Nuse and Marta Lena Glassier will lead us in dancing with each other in a circle, moving our bodies in a rhythmical, playful way as preparation for the journey into the labyrinth which Renee Lindstrom will facilitate through her series. There will be a variety of easy dances suitable for us to relax, tone muscles, and begin to feel confidence in our own movements.

May 8 "Connecting to Your Inner Creativity with the Labyrinth"

Spend an evening connecting creatively, exploring and learning about labyrinths. In a fun introduction to labyrinths hear about traditions and learn how to draw a labyrinth yourself. Bring your favorite pens, pencils and drawing book! Drawing a labyrinth on paper or in the sand at your favorite beach will encourage inner peace and balance. Come and enjoy your inner creative self and plant the seeds for your own meaningful labyrinth relationship.

May 15 "Creating a Landscape to the Soul"

We are gathering in community to share an evening with a focus on expanding your creativity by laying an indoor labyrinth. Bring scarves, ties and materials to lay down to create an indoor portable labyrinth. With the beauty that is created in unity, enter the spiral towards the center and experience the connection to your soul that spontaneously arises as you walk in and back out. Walking in represents letting go and release and walking back out is birthing the new.

May 22 "Deepening Movement Awareness in Your Labyrinth Experiencing"

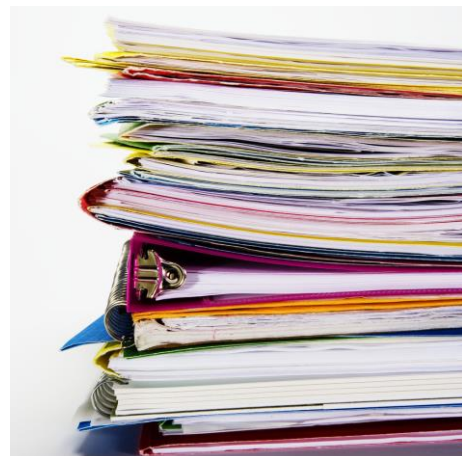
This evening continues to explore the Labyrinth theme. Enjoy following an inner guided movement journey for increasing a felt sensing that creates spontaneous mindfulness which comes from the core of your being. It is a way to bring clarity that opens up space for hearing from inside. It flows easily into experiencing the labyrinth with heightened awareness and connection.

May 29 "Mindful Empathy Experiencing with a Labyrinth"

Discover laying a labyrinth pattern to explore shifting habitual behavior patterns. Take the "Landscape of your Soul" experience into understanding how to shift your automatic behavioral responses in a way that your brain values. Change only happens when your brain becomes conscious of the pattern. Discover an easy way to move from distraction and disconnection into an open willingness to be present with yourself and in your relationships, through the support of a labyrinth landscape design.

President's Report to the AGM April 14, 2013

Last year, after much previous research, we voted at the 2012 AGM to borrow up to \$50,000, to install a new lower roof and skylights. The good news is that the roofing company completed the job as estimated (no cost over runs), at \$42, 367. The church had enough operating cash to cover the HST of \$5,084. (This week, a GST rebate check of \$3,732 was deposited.) Therefore, the church only needed to borrow \$42,367 for this major improvement, which is very good news, especially when you consider the Morrison



Hershfield Report estimated the cost of the lower roof and skylight replacement to be up to \$60,000. I just wanted to point this out in my report. Right now, the building, inside and outside, is in good shape.

This year has also been very productive for us as a community. In September we had a very enjoyable, fruitful, and engaging Church Retreat. A special thanks to Roland Guenther, Sanjara Omoniyi, Claude Moreau, Dancing Wolf, and Susan Blackwood for designing and organizing this well attended retreat. The current Finance Committee grew out our community sharing time at this retreat.

Then in February, we had a Board sponsored workshop on Making Difficult Conversations Great, with Julia Menard. This workshop benefited the participants, as well as the people they interact with at home, work, and our spiritual community. A special thanks to Esther Hart for being instrumental in making this workshop happen.

Recently we have had another very successful talent show, with Ella Brown back at the helm. Many thanks! to Ella, all participants, and all the helpers. Last, very last, the Death Cafe. Don and Elizabeth Morris started the Death Cafe - first as 2 Oneness Wednesdays in December, then as a series of 5 more, once a month, on Sunday evenings. These beautifully presented, very well attended evenings, are a very valuable outreach for our church, providing a safe space to talk, share, and nosh, about a neglected, often taboo subject. Thank you, Don and Elizabeth.

Next, I want to express my heartfelt appreciation to the Board of Directors. This community could not function without their vision, their creativity, and their dedicated work. Their cooperation and support of me and each other, made it possible for us to do our group decision making and to do our designated responsibilities.

Most helpful to me in my new and challenging role as President, is Esther Hart. As Past President, Esther was invaluable as my mentor and sounding board; there with encouragement, feedback, plus technical assistance for me. I always found it so helpful to discuss complex issues and challenges with her. Thank you, thank you, Esther!

Roland Guenther, as Vice President, has been very supportive, helpful, and wise at key times this past year, to me and the rest of the board. His wise and loving input around some potentially sensitive issues helped the Board to gracefully resolve them. We are in good hands for the coming year. Thank you, Roland!

Cynthia Pattison carried on a second year as Secretary, until January when a shoulder injury prevented her from continuing. Her penetrating insights and humour insured we looked at many sides of each issue. Thank you Cynthia! Hendrik de Pagter generously stepped forward as secretary to complete the year, bringing his capabilities and his wit to our Board meetings. Thank you, Hendrik! Hanna Figon served as Treasurer for almost 1/2 year, until she moved to Montreal for family and work. She thoughtfully gave us as much notice as possible. Thank you Hanna!

At the September Church Retreat, D. Joan Thomas, Marie Logan, Pat Chapman, and Ron Rayner stepped forward to be on the Finance Committee, a new solution for us. D. Joan agreed to be actual Treasurer, able to enjoy our Board meetings and sign checks. D. Joan, Marie, Pat, and Ron - thank you! And additional thanks to Esther (our former Treasurer) for all the hours working with Hanna and the Finance Committee and helping to iron out the kinks.

Dancing Wolf has been heavily involved in the operating of our Church this year - both as the Inside Maintenance person, and a member of the SDC Committee, plus the Men's Group. (Who, by the way, put on a fabulous series of evenings for the November Oneness Wednesdays.) Perhaps his most visible and ongoing legacy for Inside Maintenance will be the new digital labeler he inspired the Board to purchase, plus instructions on how to use it. I am so pleased. He has already relabeled the sound box. Thank you, Dancing Wolf!

Sanjara Omoniyi gamely took on responsibility for Outside Maintenance, and has gotten her hands dirty -- in a good earthy way. She brought wonderful heart to our board meetings, and also her heart wisdom to the SDC as the Board Liaison. Thank you Sanjara! And thank you Roland, for taking care of Outside Maintenance while Sanjara was in Germany for 2 months.

Esther, in addition to being a tremendous Past President both to me and the whole Board, ALSO gracefully and successfully orchestrated our rentals portfolio -- an essential part for the ongoing life of this community. We all are very fortunate that she has agreed to the Board's request to continue doing the rentals, and additional administrative responsibilities, as a contract worker for the Church. Thank you, Esther!

Next, the Spiritual Directions Committee - an essential group that nurtures and nourishes both the spiritual and human reasons for this community. It was a year requiring much flexibility and understanding due to the number of turnovers that happened, all in Divine Timing. Yet through it all we had many varied and wonderful services. Many thanks to Trish Coleman, Laurence Beal, Stephen Kinsella, Stephen Graves, Catherine Denison, Peggy Muncaster, with special

recognition to Dancing Wolf and Hendrik de Pagter for the continuity, good will, and creativity they brought to the whole year. And thank you Sanjara for being Board Liaison to the SDC, and actively involved in coordinating a number of services - which is an option not a requirement. And a special loving acknowledgement for Trish Coleman for serving so well on the SDC many times over the years.

We had another fantastic year of Oneness Wednesdays, thanks to all those who volunteered their time and talent to lead the events. Very special thanks to Patricia Miller and Linda Chan who completed 5 years of coordinating all that needed to be done - from its inception to their organized retirement at the end of January. Deborah Hawkey and Marvelous Trudeau have very ably picked up the baton and are using their skills and creativity to ensure that this successful and important outreach program carries on. Thank you Deborah and Marvelous!

The Building Committee consists of Lorna Rennie, Marie Logan, Ron Rayner, Brian Martin, and myself. A large chunk of our hard work (and worry) was done the previous year, and this year saw the culmination of our efforts and vision - a beautiful, improved new lower roof, skylights, and other improvements. Thank you Lorna, Marie, Ron, and Brian for your determined dedication to the well-being of our physical exterior, so that we can carry on our spiritual/human growth and well-being inside this building and inside our own interiors.

Brian Martin was musically involved directing our choir and also bringing in 12 new songs for our song sheets, many his own beautiful compositions. Then, in Divine Timing, he moved in another musical direction on Sunday mornings. Thank you Brian for your many years of talented musical involvement here: your songs, your choir directing, your guitar accompanying when Laura was absent, your solos and duets, your talent show skits, and although not musical, your recent Easter moderating with your delightful and historical Phoenix Rising story. And more. Such creativity! Please, keep writing songs for us! Thank you, Brian!

The musical story continues - Laura Lane, our longtime talented accompanist, seized the opportunity to participate in the Getting Higher Choir's Leadership Training Course this past year. Then in October she started up a choir program. We now have an energetic core choir, with several others who come when they are able. We are blessed. Thank you, Laura.

Also, thanks to our occasional songsters: Marie Logan, Laura Lane, Jennifer Sager, and Pauline Karch.

Trish Coleman continues to distribute the community list, so that we can easily communicate with each other.

Deborah Hawkey puts out our newsletter, with Laurence Beal's special interest in the Community Services Directory.

Stephen Graves serves as our talented webmaster.

Linda Chan faithfully sends out a weekly email to keep us informed of what's happening at the Church.

Thank you Trish, Deborah, Laurence, Stephen, and Linda for your valuable contributions to our communications.

Deborah also diligently handles our sound system each week. As well, she makes sure there are snacks (including some healthy ones) for each Sunday after our service. (Donations are always welcome!) Thank you Deborah, for the many important ways you cheerfully serve our community!

Since I've mentioned food, thank you Lorna for making a delicious cake each month to celebrate our birthdays. Thank you also for the many ways you contribute to the smooth running of this church.

Also food related, thanks to Linda Chan for organizing Fruit Sunday, 1st Sunday of every month: collecting the fruit, buying bananas from cash donations, and delivering it all to Our Place for our brothers and sisters there.

Sunday Services require a great deal of behind the scenes participation. In addition to those already mentioned, Madge Tolmie arrives early almost every Sunday to put together the order of service with song sheets and donation envelopes and put them away.

Lorna and Marvelous are here early setting up coffee, tea, and treats, then setting up chairs, with Colin Lee and Laurence also now setting up chairs before and after choir. Marvelous and Lorna also help with clean-up regularly.

Katharina Nolla frequently spends a lot of time after the service cleaning up the kitchen after our tea and coffee. Many, many thanks to all of you!

And thanks to all our greeters who give a warm welcome to everyone as they come in.

Thanks to Marvelous for the charming fresh flower arrangement in the foyer each Sunday with plant material from our church garden.

Thanks to Daniel Oimet for making the beautifully handcrafted table in the foyer.

Yes, flowers..... Marie Logan's commitment to this community runs deep, like a tree's tap root. She is a wonderful mentor to our Outside Maintenance person, and does much hands-on gardening and sprinkler maintenance. She knowledgeably discusses, plans, and works with our gardener. She also contributes many beautiful flowers and greenery to our Sundays from hers and the church's gardens. Power-washing our entry sidewalk. And more. Enough said. Thank you, Marie.

My final thanks go to everyone who is part of this community. It has been an eventful year in many different ways. The whole world is changing - we are not exempt. Yet I believe that with all our goodwill, flexibility, humour, understanding, communication and love, we are stronger and more cohesive than before.

I am also thankful for all the Divine Guidance and support we all receive as a community and as individuals. Thank you, Spirit! May this be our conscious goal: to be aware, and live with as much compassion and loving-kindness as we are able.

I am deeply honoured to have served as your president and thank you for the support you have shown to me and the Board. It has been a very rich experience for me. Thank you all.

Respectfully submitted by Patti Huot

Church of Truth AGM April 2013 - Oneness Wednesday Report May 2012 - January 2013

Oneness Wednesdays started in January, 2008 with Dr. Carol Douglas as a facilitator & has continued for 10 months of each of the past 5 years with a varied offering of topics & facilitators. As stated in the Oneness Wednesday link on our Church of Truth website, here is the simple description of our mission:

In community partnership with a rich diversity of Victoria's spiritual groups & individuals, the Church of Truth: Community of Conscious Living invites people of all faiths & beliefs to come together & experience the inherent oneness of humanity. Each Wednesday evening is honoured as a peaceful time for reflection or meditation in order to nurture the self & the whole of our global village. The sessions are offered free or by donation.

This year's Board-approved four recipients of half of the donated funds collected from Oneness Wednesday evenings in 2012 for local & international Outreach programs are:

KIVA Microfunds - is a non-profit organization with a mission to connect people through lending to alleviate poverty. Leveraging the internet and a worldwide network of microfinance institutes, Kiva lets individuals lend as little as \$25 to help create opportunity around the world.

Friends of the Spring Ridge Common - is a non-profit organization with the mission to preserve and protect Spring Ridge Commons as an urban food forest / permaculture garden / Community Learning + Gathering Space that is freely accessible to all. Spring Ridge Commons is Victoria's oldest and largest public permaculture garden or community multi-layer food forest.

The Power of Hope - is a non-profit organization that delivers arts-based experiential learning programs to teens from diverse cultures and socioeconomic backgrounds. In the USA and Canada, they offer programs for youth and adults who want to take an active role in creating a positive future, develop their leadership skills, build stronger communities and have a great time in the process!

First Nation Lunch/Snack Program – is a fund administered by Gloria Cardinal, a Cree woman and Aboriginal education assistant in View Royal, to provide healthy snacks for some of the aboriginal students who are less fortunate than some of the other students.

Linda Chan & I are proud to acknowledge the past year's varied program of events, facilitated largely by our own skillful & generous-spirited Church of Truth members:

Ceremony - Susan Blackwood
Death Cafe - Don & Elizabeth Morris
“The Men's Perspectives on the Great Change” – Church of Truth Men's Group
Truth & Reconciliation & Beyond - Joyanna Wilkinson
Equinox & Solstice Celebrations - Joy Emmanuel
The Point of Power - John Hutton
Emotional Freedom Technique - Cedona Holly
Evening of Poetry - D. Joan Thomas
Music Night - Brian Martin
Explorations on the New Cosmology & the Work of Brian Swimme - Gertie Jocksch
Non-Violent Communication - NVC Community

This past Feb., I stepped aside from the week-to-week organization of Oneness Wednesday & fortunately, Linda Chan remained to work with Deb Hawkey &

Marvelous Trudeau, who volunteered to keep Wednesdays operating smoothly.
Thank you so much Deb & Marvelous!

It's been a rewarding 5 years & I feel tremendous abundance of gratitude to the Board & Linda Chan for her strong vision & unfailing commitment to the growth of our Church's Outreach Program.

Respectfully submitted by Patricia Miller & Linda Chan

Church of Truth Community Care Discussion – May 26 at 111 Superior

Last September, the Church of Truth - Community of Conscious Living, held a retreat day at the Yurt in Saanich. We had a wonderful time playing and sharing together. During our group discussion several ideas surfaced. One of these was starting a Community Care Program. The concept is to find a way of looking after our fellow church members in a time of need. It is a way to deepen our connection with each other within the church community.

Stephen Graves and myself (Susan Blackwood) took up the banner to facilitate a group discussion on what Community Care could look like and if there are members willing to commit to creating and facilitating it.

Between now and May 26, I ask you all to think about what community means to you and what looking after each other could entail. Here are some ideas:

Healing sessions (we have some great healers in the group)

Visits to the hospital

- Meals brought to homes
- Checking in: emails or phone calls
- Someone who listens
- Pray
- Run errands

We can make Community Care anything we want. Big or small! So, come join us on Sunday May 26. Bring a boxed lunch and we can start talking and sharing ideas after the social hour and church service.

Feel free to share your ideas or concerns with either Stephen or Susan
susanblackwood@me.com
stephen@cotvictoria.ca

WALKING GROUP
Get Fit, Have FUN!!!

Meet every Monday morning (weather permitting)
At Ogden Point Café parking lot at 10 a.m.
Bring your friends, dogs, walking poles & water
Tea and conversation afterwards
See Sharon or Deborah for more info.

COMMUNITY SERVICES DIRECTORY

For information only. These events and services are not endorsed by the Church of Truth, Community of Conscious Living.

NAME	SERVICE	CONTACT INFO
Susan Blackwood 250-889-5335 Weddings, Funerals, Celebrations of Life, Divorce, Retirement, Baby Namings	Ceremonies	www.ceremoniesbydesign.ca
Renn Butler Archetypal Astrology Consultations, Holotropic Breathwork Workshops	Consultations/Workshops	rennbutler@shaw.ca
Tracy Fraser Email: tlcpersonalassistant@gmail.com Supporting seniors in maintaining their freedom, dignity, home and connection to community. TLC Personal Assistant and Companion offers support with personal shopping, errands, meal preparation, light house-keeping, laundry, assist in and out of shower or bath, dressing and grooming. Chauffeur and accompany to shops, appointments, events, socials and exercise. Also offering respite for primary caregivers, pet care and house-sitting.	Personal Assistant and Companion to Seniors	
Tracy Fraser 250-661-8365 Email: divinemisst@gmail.com Allow the ancient art of the Tarot to tap into your Divine Self and guide you in all aspects of your life. Mystic Inspirations Tarot Readings are professional, private and confidential. Individuals, groups and parties - gift certificates also available.	Tarot Reader, Spiritual Intuitive and Empath	

Ask how to get a free reading.

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250-642-2882

Life and Love Coach

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Roland Guenther MD (Germany), Homeopath
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email: roland@natures-mystery.com

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Esther Hart Author, Speaker, Freedom Coach, Author Mentor

250-896-5933

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Esther inspires people with her talks, coaching and writing, always encouraging people to experience freedom by trusting their own knowing.

She gets great pleasure from supporting other writers to blossom into authors so that their inspirational stories can reach the people they are meant to inspire.

Deborah Hawkey Technical Writing

250-813-1747

writeitright@shaw.ca

Sales & Marketing, Career Coaching, Websites, Desktop Publishing, Resumes & Cover Letters

Cedona Holly Spiritual Counsellor/Meditation Facilitator

250-642-1060

www.EternalOneness.org

www.whitelionschildrensbook.org

Gillian Huot Housekeeper

250-385-0941

Weekly, bi-weekly, monthly\$25/hr

Pauline Karch Videography Services

paulinekarch@gmail.com

Kelly Kerr

Massage, Energy Healing

250-999-9282

Laura Lane

Celebration Pianist

250-893-9656

Accompanist, Pianist, Singer. Available for Weddings, Celebrations of Life & Special Events

“Comfort Zone” Band, Boomers, Folk, Light Rock music group.

Marvelous

Escort

250-384-2563

Will take people to 1st A.A. meeting

