



THE LIGHTHOUSE

JUNE 2013

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COMMUNITY

One of the definitions of “community” according to Wikipedia: in biology, a community is a group of interacting living organisms sharing a populated environment.

Again according to Wikipedia: Despite the difficulty in definition, many philosophers believe that there is a broadly shared underlying intuition about what consciousness is “Anything that we are aware of at a given moment forms part of our consciousness, making conscious experience at once the most familiar and most mysterious aspect of our lives.”

And lastly according to a living species, one that is not extinct.

Community of Conscious Living

So now that I have outlined who we are, what is left?

I suppose that I could mention our diversity. That indeed we are a unique group of Beautiful Souls willing to share our impressions of the many facets this Grand Adventure. That by deed and example we honour the Loving Nature of our Truth.

And by listening to the experiences and concepts of others we are willing to honour that there be more to learn and more life to experience.

The intent of the SDC for June is to take a closer look at our community. How do we relate to it and how does the outside world relate to us. What can we do sustain the **growth, maintain the mystery.**

After all is said and done, each of us contributes to the State of Our Being, to our Community. Each of us is a treasured, a valued facet of the Diamond of our Community Consciousness.

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The Lighthouse June 2013
 A Newsletter for Friends of the Church
 The Church of Truth - Community of Conscious Living

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief.

Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas June enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Sunday Service – 11:00 am
 Working for you - Your Board of Directors

President	Roland Guenther	778-433-4386
Past President	Patti Huot	250-385-0941
Vice President	D. Joan Thomas	250-721-4054
Treasurer	D. Joan Thomas	250-721-4054
Secretary	Paul Monfette	250-896-4439
Rentals	Esther Hart	250-896-5933
Outside Maintenance/SDC Liaison	Jack Hyatt	250-592-1422
Inside Maintenance	Elizabeth Morris	250-433-4386

Your Spiritual Directions Committee Members are:

Susan Blackwood & Sanjara Ominiyi	250-889-5335 778-433-4386
Stephen Graves	778-677-7597
Colin Lee	
Peggy Muncaster	250-888-7664
Dancing Wolf	250-418-0694

Community Care Liaison – Lorna Rennie 361-2079
 Newsletter—Deborah Hawkey Email dbhawkey@gmail.com
 Linda Chan <http://cotvictoria.ca>

SUNDAY SERVICE SCHEDULE FOR JUNE

June Theme: COMMUNITY

June 2 **We Are the World - Creating Community**

Summary:

We are the world, we are the children - We are the ones who make a brighter day
So let's start giving - There's a choice we're making - We're saving our own lives
It's true we'll make a better day - Just you and me

Coordinator: Colin Lee
Moderator: Marvelous Trudeau
Meditation: Laura Lane
Speaker: Shivon Robinsong
Greeter: Elsie Mary McGeough

June 9 **May the Circle Be Unbroken – Love: The Sustenance of Community**

Coordinator: Dancing Wolf
Moderator: Dancing Wolf
Meditation: Jennifer L. Taylor
Speaker: Louise Taylor
Greeter: Joyanna Wilkinson

June 16 **Community in Service**

Coordinator: Stephen Graves
Moderator: Junie Swadron
Meditation: Stephen Graves and Katherine Muncaster
Speaker: Kim Dixon (James Bay ~ New Horizons)
Greeter: Bernadine Sperling

June 23 **Soulstice - A special ceremony to celebrate “soulstice” with ritual, poetry and song**

Coordinator and Facilitators: Susan Blackwood and Sanjara Omoniyi
Greeter: Stephen Graves

June 30

Community Service

*Service*In*Community* - finding deep meaning in these three little words, how they connect with each other, and the expansiveness in the gap between the words.

Coordinator: Peggy Muncaster
Moderator: Jack Hyatt
Meditation: Peggy Muncaster
Greeter: Janet Taylor

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I am certainly grateful that we are establishing our own unique identity/definition.
We are not extinct, nor bordering upon. (little chuckle)
We abide in the Life of our Community.
We are blessed.

Stephen Graves SDC

HAPPY BIRTHDAY

We Celebrate with YOU!

Maria Escude June 11
Laurence Beal June 21
Joy Emmanuel June 22
June Swadron June 22



ONENESS WEDNESDAY IN JUNE

Church of Truth

111 Superior St.

7- 8:30 p.m.

June 5, 12, 19 & 26

Free or by Donation

June 5 Introduction to the Munay-ki.

Peggy Muncaster is a perpetual observer of life, Reiki Master, poet, and occasional teacher of Light Body, Illuminated Mind series and Munay-Ki. She will be giving an introduction to a series of classes to pass along the 9 rites of the Munay-ki. The rest of the series will be held during the summer months at her home. The introduction will include the first initiation into the Healer's Rite, which launches the healing journey and activates your healing power.

These Rites are energy transmissions, connection with ancient lineage, and attendant lore, originally from a Peruvian shamanic tradition, but pared down for western culture to energetic and symbolic essence. The intention is to prepare us in our evolution as humans, to cope with the energies of the present and to step into the shoes of Earthkeepers.

The Munay-Ki comes from a Quechua word that means 'I love you.' The Munay-Ki are the nine rites of initiation to become a person of wisdom and power who has accepted the stewardship for all creation. The nine rites are common to all shamanic traditions, even though they are expressed in different forms and styles in different cultures. They derive from the great initiations from the Hindu Valley that were brought to the Americas by the first medicine men and women who crossed the Bering Straits from Siberia during the glacial period some 30,000 years ago. These courageous travelers were the Laika, the Earthkeepers of old.

To learn more about the individual rites, their history and lore, please go to:
<http://www.munay-ki.org>

June 12 Awakening to Joy

With Sanjara Omoniyi

Sanjara has experienced many life transitions, from marriage and motherhood in Nigeria, to re-integration into German culture and most recently, as someone creating a new life for herself in Canada.

Reflecting on her experiences and grappling with growing pains, Sanjara has reaped the hard won rewards of struggle: the gifts of wisdom, skill, insights, humility and Joy. Sanjara is passionate about sharing these gifts, which helped her to attain a connection with her true inner nature.

As she travelled the path of self-discovery, Sanjara developed her theory of self-liberation and opened her Self to Joy. The depth and the brilliant simplicity of her teachings come from her compassionate heart and her longing to explore the depths of her own soul.

Join Sanjara in an atmosphere of safety, support and shared learning as you move further along the path to your Joy.

In this workshop you will have the opportunity to:
Connect with community and like-minded people
Dive into a deeper understanding of self-liberation
Feel inspired to deepen your connection to your inner nature
Be encouraged to focus on increasing your joy

June 19 Summer Solstice Celebration with Joy Emmanuel

June 26 Four Chambers of Your Heart holds four emotional needs which might be still unknown to you. Ancient Wisdom and Modern Science will help us to listen to our hearts and unlock the mystery of the 4 chambers of the human heart.

Our journey begins by exploring HEART as a life stem of our being. In our healing circle, we will look at the different qualities of the heart beginning with how intuition is born there, moving onto its characteristics: compassion, inner harmony, healing and agape (unconditional love).

Please watch this video for a brief description of a circle theme:

<http://youtu.be/18dKcvROnl4>

Who Should Attend

- Anyone ready to re-commit to his/her heart and soul and is ready to participate in this highly experimental circle during all activities.
- Anyone who is willing to share their inner wisdom that will be released from their heart for their own benefit and the benefit of all in the circle.
- Anyone who believes the Yin& Yang Theory – attraction of opposite polarities is the way that we can act and rest in the present time in order to “Heal Our Way Forward”.

Gentle therapeutic touch might be used by a certified practitioner during meditation to connect / align our heart to obtain heart's coherence.



About Veronika Prielozna, MA: has been involved in Alternative Medicine since 1991, when she completed her massage therapy training in Europe. Her love for people led her into nursing and the study of Energy Medicine. She became a Certified Healing Touch Practitioner (2008) a Certified Integrative

Energy Healing Practitioner (2009), and a Soul Realignment™ Practitioner (2010). She was honored with a Master's Degree from Wisdom Studies and Healing Arts (2012).

She continues her work as a pediatric nurse and integrates her skills and wisdom of energy medicine in her healing/ consulting practice:

<https://www.facebook.com/LivingHarmonyHealthWellnessConsulting>

Veronika's passion for life creates her signature trade mark that is captured in her teaching programs:

The Enchanted Journey – Path to Your Inner Self and Gaia, Cosmos & You:
Utilizing Natural Elements in the Human Body for Self Care.

Community Care Meeting

Wow, we had a great first community care meeting yesterday. There were 14 in attendance with many more expressing interest in participating but unable to attend the meeting.

We held an open forum where we all had a chance to give our opinions. We asked the questions:

1. What is community to you?
2. What is community care?
3. Are you willing to committee?

We also briefly spoke about prayer, holding space and being present with individuals as peers not professionals.

Some of the salient points discussed and expressed:

- Community Care will strengthen individuals and community.

- Committee to be formed to gather information and eventually to narrow our focus to a working program
- Know how and where to take action
- Opportunity to deepen community
- Have a list of volunteers and what they can do
- Church is Extended family
- Some people find it easy to ask for help and others find it hard
- An awareness of the potential for burn out. There needs to be a solid commitment from the community to share the responsibilities.
- Need to be careful with people with emotional challenges, that we do not overstep our roles.
- Costs involved – reimbursement?
- Training may be required
- Care for new people – welcome them in
- There were many potential services discussed. As we move forward we will collect the suggestions of everyone. We will use these to help decide what Church of Truth Community Care will entail.
- There are many aspects to community care from the practical to emotional to spiritual.

The meeting is the first step towards creating and initiating a workable community care package.

Our conclusion is recognizing that we need to hear from the community. So, we decided on two questions.

1. Would you like to be on the organizing committee.
2. Would you be available to volunteer? (This could be from the simple – shopping, phone call etc. to the more complex – being a liaison for someone in need.

You can email either Stephen or myself with answers, questions, ideas, concerns etc. We recognized that we need to take time to organize a program but we also acknowledge it has taken months just to take this first step. So, can you have your answers back to us by June 9th.

susanblackwood@me.com
stephen@cotvictoria.ca

Thank you to all who attended yesterday and shared all your ideas. It is a great start.

If you know of someone who would be interested feel free to forward this email to them. There are many church participants who are not members. We welcome anyone who is interested.

Solstice Dance June 22

Dance to the Tribal Grooves of "DJ Dancing Wolf" from 8pm-9pm
and "Dreamcatcher" from 9pm-11:30pm
Tix \$12 at door

More info...contact Johanna New Moon johnewmoon@gmail.com

MEMORIAL SERVICE

You're invited to join in a celebration of life honoring our beloved friend Trish Coleman.

Sunday June 23
Church of Truth
2-4pm



WALKING GROUP

Get Fit, Have FUN!!!

Meet every Monday morning (weather permitting)
At Ogden Point Café parking lot at 10 a.m.
Bring your friends, dogs, walking poles & water
Tea and conversation afterwards
See Sharon or Deborah for more info.

COMMUNITY SERVICES DIRECTORY

For information only. These events and services are not endorsed by the Church of Truth, Community of Conscious Living.

NAME	SERVICE	CONTACT INFO
Susan Blackwood 250-889-5335 Weddings, Funerals, Celebrations of Life, Divorce, Retirement, Baby Namings	Ceremonies	www.ceremoniesbydesign.ca
Renn Butler Archetypal Astrology Consultations, Holotropic Breathwork Workshops	Consultations/Workshops	rennbutler@shaw.ca
Tracy Fraser Email: tlcpersonalassistant@gmail.com Supporting seniors in maintaining their freedom, dignity, home and connection to community. TLC Personal Assistant and Companion offers support with personal shopping, errands, meal preparation, light house-keeping, laundry, assist in and out of shower or bath, dressing and grooming. Chauffeur and accompany to shops, appointments, events, socials and exercise. Also offering respite for primary caregivers, pet care and house-sitting.	Personal Assistant and Companion to Seniors	
Tracy Fraser 250-661-8365 Email: divinemisst@gmail.com Allow the ancient art of the Tarot to tap into your Divine Self and guide you in all aspects of your life. Mystic Inspirations Tarot Readings are professional, private and confidential. Individuals, groups and parties - gift certificates also available. Ask how to get a free reading.	Tarot Reader, Spiritual Intuitive and Empath	
Lynn Goodcare 250-642-2882	Life and Love Coach	www.openingtolovenow.com
Roland Guenther MD (Germany), Homeopath 778-433-4386 email: roland@natures-mystery.com Homeopathy is a holistic healing system providing solutions for both acute and chronic conditions. Roland can help you with a wide range of health problems,		www.natures-mystery.com

including anxiety and depression and their manifestations in the body.

Esther Hart **Author, Speaker, Freedom Coach, Author Mentor**
250-896-5933 www.authorssolutions.com
Esther inspires people with her talks, coaching and writing, always encouraging people to experience freedom by trusting their own knowing.
She gets great pleasure from supporting other writers to blossom into authors so that their inspirational stories can reach the people they are meant to inspire.

Deborah Hawkey **Technical Writing**
250-813-1747 writeitright@shaw.ca
Sales & Marketing, Career Coaching, Websites, Desktop Publishing, Resumes & Cover Letters

Cedona Holly **Spiritual Counsellor/Meditation Facilitator**
250-642-1060 www.EternalOneness.org
www.whitelionschildrensbook.org

Gillian Huot **Housekeeper** 250-385-0941
Weekly, bi-weekly, monthly\$25/hr

Pauline Karch **Videography Services** paulinekarch@gmail.com

Kelly Kerr **Massage, Energy Healing** 250-999-9282

Laura Lane **Celebration Pianist** 250-893-9656
Accompanist, Pianist, Singer. Available for Weddings, Celebrations of Life & Special Events
“Comfort Zone” Band, Boomers, Folk, Light Rock music group.

Marvelous **Escort** 250-384-2563
Will take people to 1st A.A. meeting

Sharon Schroeder **Alternative Healthcare Services** 250-661-0072
Healing Energy with Foundation Beauty

Bernadine Sperling **Pet Sitting** 250-384-5721
(drop-in cat visits & James Bay dog walking)

Junie Swadron **Author, Writing Coach, Workshop Facilitator**
250-384-2205 **& Psychotherapist** www.juneswadron.com