



## THE LIGHTHOUSE

## JANUARY 2014

### **Inside:**

**P2 Who We Are**

**P2 Board of Directors**

**P2 Spiritual Directions  
Committee**

**P3 Sunday Service  
Schedule**

**P4 Happy Birthday**

**P4 Oneness Wednesday  
Schedule**

**P 5-7 Community Services  
Directory**

**P7&8 Two Poems by  
Stephen Graves**

**Contact:**

**111 Superior St.  
Victoria, BC V8V 1T2  
250-382-5412  
<http://cotvictoria.ca>**

## **Revolution to ReSolution**

It seems that every year end we ardently review our lives and make resolutions to do better in the New Year. This practice is so common place that it is cliché to talk about 'New Year Resolution'. However cliché it might be, the opportunity provided by this major change in Physical environment (time and space) may also be seen as a chance to do a 'spiritual inventory' which could lead to a 'spiritual revolution' en route to the 'wholeness' which is the 'resolution' we all seek.

On January 5, Award Winning Film Maker and Media Activist, Ian Mackenzie, speaks on what it means to Occupy Love.

A quote from the movie, Occupy Love, which Ian Co-Produced.

“The economy of love is – the more you have the more I have. If I can make you feel happy or hopeful or beautiful I might feel more that way myself.... If I want a society that works, then I need you to be powerful, I need you to be responsible, I need you to be fully engaged, and maybe I need you to be joyous. The more I can give you the better my society is, because we are actually in this together” – Rebecca Solnit

On January 12<sup>th</sup> it is hoped that through the sharing of our personal 'spiritual revolution(s)', we can come to an understanding of the value of the traumas and upheavals that we experience in our lives as just tools of the revolution that is necessary as we begin to live more fully in the 'now'.

On January 19<sup>th</sup> we reach into the quantum field and find that everything is connected to everything else and all things are possible. How then do we integrate our lives with our beliefs, walk our talk, and live a life of Beauty and connectedness? Stay tuned.

Join us on January 26<sup>th</sup> for our community service where we discuss the Evolution of Spirituality.

Submitted by Colin Lee, SDC

The Lighthouse January 2014  
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

The Church of Truth - Community of Conscious Living

Sunday Service – 11:00 am  
Working for you - Your Board of Directors

President	Roland Guenther	778-433-4386
Past President	Patti Huot	250-385-0941
Vice President	D. Joan Thomas	250-721-4054
Treasurer	D. Joan Thomas	250-721-4054
Secretary	Paul Monfette	250-896-4439
Rentals	Esther Hart	250-896-5933
Outside Maintenance/SDC Liaison	Jack Hyatt	250-592-1422
Inside Maintenance	Elizabeth Morris	250-433-4386

Your Spiritual Directions Committee Members are:

Susan Blackwood	250-889-5335
Stephen Graves	778-677-7597
Colin Lee	250-514-1270
Peggy Muncaster	250-888-7664
Dancing Wolf	250-418-0694

Community Care Liaison – Lorna Rennie 361-2079  
Newsletter—Deborah Hawkey Email [dbhawkey@gmail.com](mailto:dbhawkey@gmail.com)

# SUNDAY SERVICE SCHEDULE FOR JANUARY

**January 5**

## **Occupy Love**

Coordinator: Dancing Wolf  
Moderator: Hendrik dePagter  
Meditation: Rachelle Lamb  
Speaker: Ian MacKenzie  
Greeter: Bernadine Sperling

**January 12**

## **Spiritual Revolution**

Coordinator: Colin Lee  
Moderator: Dwight Whitson  
Meditation: Sharon Shroeder  
Speaker: Troi Leonard  
Greeter: Elsie Mary Poliquin

**January 19**

## **ReSolution**

Coordinator: Peggy Muncaster  
Moderator: Esther Hart  
Meditation: Peggy Muncaster  
Speaker: Katherine Muncaster  
Greeter: Giselle Bechard

**January 26**

## **Evolution of Spirituality – Community Service**

Coordinator: Susan Blackwood  
Moderator: Ella Brown  
Meditation: Brian Martin  
Greeter: Kelly Sky

# HAPPY BIRTHDAY

We Celebrate with YOU!



Anna Lundeen	Jan 2
Marvelous Trudeau	Jan 12
Laura Lane	Jan 13
Agnes Amundrud	Jan 20
John Flowers	Jan 24
Brian Martin	Jan 25
Esther Hart	Jan 26
Pat Chapman	Jan 31

## ONENESS WEDNESDAY IN JANUARY

Church of Truth  
111 Superior St.  
7:30- 9:00 p.m.  
January 8, 15, 22 & 29

As a community of conscious living that is constantly evolving, it is important to check in from time to time to find out:

- Who we are now
- What we want to stay the same
- What is working
- What we want to change, if anything
- What isn't

In order to hear from everyone about these questions, the Board has requested the Oneness Wednesday slots in January to hold open discussions.

The first three sessions will be to get consensus for recommended motions for change. The final week will be an opportunity to vote on the motions.

The sessions will be open to all participants in the community. However, only paid members will be eligible to vote.

This type of all-community discussion has proved very fruitful and enlightening in the past. It also helps us know each other better in a safe and friendly environment as we respectfully express our similar and diverse thoughts and feelings about our spiritual community.

## COMMUNITY SERVICES DIRECTORY

For information only. These events and services are not endorsed by the Church of Truth, Community of Conscious Living.

NAME	SERVICE	CONTACT INFO
<b>Susan Blackwood</b> 250-889-5335	<b>Ceremonies</b>	<a href="http://www.ceremoniesbydesign.ca">www.ceremoniesbydesign.ca</a>
Weddings, Funerals, Celebrations of Life, Divorce, Retirement, Baby Namings		
<b>Renn Butler</b>	<b>Consultations/Workshops</b>	<a href="mailto:rennbutler@shaw.ca">rennbutler@shaw.ca</a>
Archetypal Astrology Consultations, Holotropic Breathwork Workshops		
<b>Tracy Fraser</b> 250-661-8365	<b>Personal Assistant and Companion to Seniors</b>	
Email: <a href="mailto:tlcpersonalassistant@gmail.com">tlcpersonalassistant@gmail.com</a>		
Supporting seniors in maintaining their freedom, dignity, home and connection to community. TLC Personal Assistant and Companion offers support with personal shopping, errands, meal preparation, light house-keeping, laundry, assist in and out of shower or bath, dressing and grooming. Chauffeur and accompany to shops, appointments, events, socials and exercise. Also offering respite for primary caregivers, pet care and house-sitting.		
<b>Tracy Fraser</b> 250-661-8365	<b>Tarot Reader, Spiritual Intuitive and Empathic</b>	
Email: <a href="mailto:divinemisst@gmail.com">divinemisst@gmail.com</a>		
Allow the ancient art of the Tarot to tap into your Divine Self and guide you in all aspects of your life. Mystic Inspirations Tarot Readings are professional, private and confidential. Individuals, groups and parties - gift certificates also available.		
Ask how to get a free reading.		
<b>Tracy Fraser</b> 250-661-8365	<b>TLC Love Centered Healing</b>	
<b>For You and Your Furry, Feathered &amp; Other Friends</b>		
Email: <a href="mailto:divinenisst@gmail.com">divinenisst@gmail.com</a>		
Spiritual Intuitive, Empathic, Healing Practitioner. Gentle, non-invasive, miracles. References available on request		

**Lynn Goodcare**  
250-642-2882

**Life and Love Coach**

[www.openingtolovenow.com](http://www.openingtolovenow.com)

**Stephen Graves Computer Service**  
778-677-7597

[stephen@spiritquest1.ca](mailto:stephen@spiritquest1.ca)

All things PC (and little things MAC)  
Hardware, software, troubleshooting, networking and web design.  
\$25.00 per hour

**Dr. Roland Guenther MD (Germany), PhD, Homeopathy**

778-433-4386

[www.victoriahomeopathy.com](http://www.victoriahomeopathy.com)

email: [roland@natures-mystery.com](mailto:roland@natures-mystery.com)

Roland is specialized in helping people with severe chronic diseases.  
Homeopathy is a holistic modality that can provide healing in a wide range of health problems, anxiety, and depression, and their manifestations in the body.

**Esther Hart Author, Speaker, Freedom Coach, Author Mentor**

250-896-5933

[www.authorssolutions.com](http://www.authorssolutions.com)

Esther inspires people with her talks, coaching and writing, always encouraging people to experience freedom by trusting their own knowing.

She gets great pleasure from supporting other writers to blossom into authors so that their inspirational stories can reach the people they are meant to inspire.

**Deborah Hawkey Technical Writing**

250-813-1747

[writeitright@shaw.ca](mailto:writeitright@shaw.ca)

Sales & Marketing, Career Coaching, Websites, Desktop Publishing, Resumes & Cover Letters

**Cedona Holly Spiritual Counsellor/Meditation Facilitator**

250-642-1060

[www.EternalOneness.org](http://www.EternalOneness.org)  
[www.whitelionschildrensbook.org](http://www.whitelionschildrensbook.org)

**Gillian Huot**

**Housekeeper**

250-385-0941

Weekly, bi-weekly, monthly \$25/hr

**Pauline Karch**

**Videography Services**

[paulinekarch@gmail.com](mailto:paulinekarch@gmail.com)

**Kelly Kerr**

**Massage, Energy Healing**

250-999-9282

**Laura Lane**

**Celebration Pianist**

250-893-9656

Accompanist, Pianist, Singer. Available for Weddings, Celebrations of Life & Special Events

“Comfort Zone” Band, Boomers, Folk, Light Rock music group.



Can you imagine?

That We Are One?  
Can you imagine?

Stephen Graves

## **Journey's End**

Herein lies the Glorious Mystery for the Philosopher and the Magic of Love for the Poet.

Were we to realize the Journey's End, would creation cease to exist? A state of Nirvana, perhaps? Or perhaps still the, Heart felt, Universal yearning to expand the awareness of Self? Or the Conscious Desire for the inbreath and return to Source? There for but a Moment of rest until again is felt the pulsation of Eternal Love that begins the cycle again.

Blessed Maya, the stage for our Magnificent Dramas and the facilitator of opportunities to learn, to grow and to serve. Would the Truth, be it known, spoil the journey? Deny us our Grand Adventures? Or would it set us free to realize the Grander Adventure that lies behind the veil, beyond the Ring Pass Not?

For the Philosopher Poet it IS the Journey that is the Truth. Never ending, ever changing. What matters our little truths of the moment when a Moment of Eternal Love is Being and being realized?

We are first and foremost travelers. Let us Journey Well.

Upon this Journey to the Divine,  
My Spirit and Soul are the Travelers,  
I Am but the illusion,  
A vehicle for the manifestation of their Love.

Yet I Am the seeker of my Soul,  
That I might become more of the adventurer,  
Is my goal.

Therefore I must seek not to find blame,  
Neither should I yearn to acquire fame.  
For I Am but a player  
In this Magnificent game.

I Am seeking now to better know  
My Self  
Realizing,  
I Am that I Am

Stephen Graves