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Light the Fire Within

The fire of August is focused in the Heart of our Solar System, the Sun...the source of Life, Energy ~ Electric and Magnetic, and directly related to the fire at the core of every cell and atom in everything.

Through Leo the Lion, pouring its spiritual 'Qualities,' such as courage and leadership, into our lives, offering us opportunities to 'Light the Fire Within,' providing us with the stimulus to surge ahead into our aligned goals, demonstrating leadership in action, into freedom of expression.

Take a moment of time gazing at a candle flame or a crackling fire, allowing the magic of the Soul and power of the Spirit to enter in.

On August 3, Susan Blackwood will integrate her own personal understanding of ritual and ceremony with universal symbolism to create a meaningful event. She will be assisting us to connect with our fire energy within...to feel it...build it and expand ourselves to help catalyze that which our hearts seek.

Susan is a long-time member of our Church and has been providing ceremonies of every kind for many years now. She is a Certified Life Cycle Celebrant with education in Eastern and Western Spiritual Theory, and has a Bachelor's degree in Metaphysics from the University of Sedona. You can read more about her on her website at www.ceremoniesbydesign.com.

On August 10, the question might be asked...What is the mystery of Passion? How does it appear and remain in a person or a project?

One answer may lie in the mysterious force lying at the root of our spine ~ known as the 'Kundalini Mother,' its purpose in the energy of the body, consciousness, and evolution.

In the end, the answers lie within ourselves, to be quested and found in the experience of the fiery path of the 'burning ground.'...and knowing yourself to be the truth and the way.

What gives you joy without end, exuberant playfulness, and exquisite taste of the exotic? Many find a reawakening of passion in the midst and aftermath of an unexpected crisis. May you find your PASSION.

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The Lighthouse August 2014
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Church of Truth – Community of Conscious Living
Sunday Service – 11:00 am

Working for you
Your Board of Directors

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Your Spiritual Directions Committee

Don Morris	250-580-2121
Moneca Gabriel	250-891-9002
Colin Lee	250-514-1270
Peggy Muncaster	250-370-0187
Troi Leonard	250-532-3442
Laura Lane	250-474-9938

Community Care Liaison – Lorna Rennie 250-361-2079

Newsletter—Deborah Hawkey Email dbhawkey@gmail.com

SUNDAY SERVICE SCHEDULE FOR AUGUST

August Theme: Light the Fire Within

August 3

Ceremony of Fire

Coordinator: Laura Lane
Moderator: Brian Martin
Meditation: Norm Smookler
Speaker: Susan Blackwood
Greeter: Laura Lane

August 10

The Passionate Fire Within

Coordinator: Troi Leonard
Speaker: Alanda Carver (Siri Amir)
Moderator: Junie Swadron
Meditation: Alanda Carver
Greeter: Paul Monfette

August 17

Moses, the Burning Bush & Inner Fire

Coordinator: Don Morris
Moderator: D. Joan
Meditation: Marvelous Trudeau
Speaker: Don Morris
Greeter: Marek Osinski
Special Musical Performance by Felina Gossmann on cello and Sarah Renner on violin

August 24

Fanning the Flame

Coordinator: Moneca Gabriel
Moderator : Patricia Miller
Speaker: Dr. Lisa Gunderson
Meditation: Pauline Karch
Greeter: Patricia Huot

August 31

A Pilgrim's Journey

From the fires of desires to the unfed flame of eternal love

Co-ordinator: Peggy Muncaster

Moderator: Peggy Muncaster

Meditation: Stephen Graves

Greeter: Jack Hyatt

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Alanda Carver is a passionate, compassionate, caring and dedicated teacher. Certified as a Kundalini Yoga Teacher, and Reiki Master, she teaches yoga, and hosts workshops, retreats and special events throughout Southern Vancouver Island. Partially paralyzed in a car accident in 1990, she has spent years learning yoga and healing techniques to regain the functional use of her body. All the tools she discovers are shared enthusiastically to empower her students. Her spiritual name is Siri Amir, infinite spirit - her zest for living is infectious and her biggest passion is to see her student's thrive.

On August 17, Don Morris reflects on Moses, the Burning Bush & Inner Fire. Moses encountered a thorny, burning bush in the Sinai that never ignited! Come hear more about that fire and ponder your relationship to the flame!

On August 24, Dr. Lisa Gunderson will speak on identifying the passionate energy from within and how to maintain the passion in our lives both professionally and personally. Understand how to maintain our passion as we transition into different phases of life (e.g., from work to retirement).

She is a Counsellor and a psychologist who focuses on multicultural issues, and an award winning university educator for 17 years. She is a member of the African Heritage Association of Vancouver Island and the Canadian Association of Professional Speakers. Dr. Gunderson is currently writing a book for educators, including a chapter on "Passion Please" Currently, she is an equity and educational consultant and will begin to take appointments for her private practice which opens in Victoria this September. She lives in Victoria with her husband and two sons and loves to travel, read, watch movies, and bake. She loves life and walks in faith.

August 31, in this Community Service we will gather in small groups to discuss some of the gut-level issues that are perhaps triggered in Stephen Graves' poem "The Burning Ground".

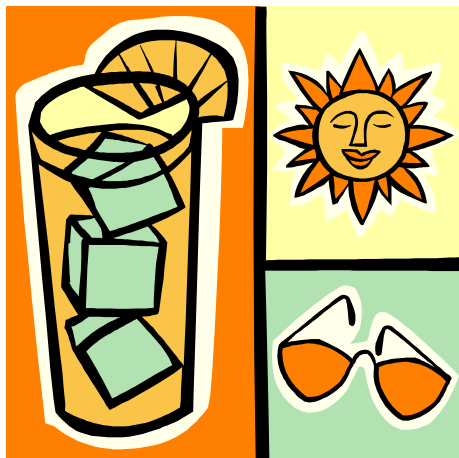
What needs to burn away to clear the way forward? What brings you hope? What lights you up from within such that inspiration, spirit, and grace guide your path?

Submitted by Troi Leonard & Peggy Muncaster, SDC

HAPPY BIRTHDAY

We Celebrate with YOU!

Don Morris	August 15
Genevieve Eden	August 16
Stephen Graves	August 16
Ron Rayner	August 17
Linda Chan	August 20
Elsie Mary McGeough	August 25
Jennifer Sager	August 29
Patricia Huot	August 30



Will You Miss Oneness Wednesdays This Summer?

I will!



So, I would love to meet for peaceful Walking Meditations at the beautiful James Bay Labyrinth in Irving Park on Wednesday evenings in July & August from 7:00 – 8:00 p.m. These drop-in, informal & free opportunities in the great outdoors will support personal exploration of this ancient meditative practice. The quiet, back corner of the historic park at 250 Menzies St. (next to the New

Horizons) is surrounded by lovely cherry trees & many huge heritage trees. You can complete the Labyrinth in 20 minutes or longer, as well as walk it several times if you choose.

Lauren Artress, an American labyrinth supporter and Episcopal priest, has "lectured on it as a walking meditation, a path of prayer and a dynamic tool of manifestation. "Her writing shows that modern labyrinth prayer is merely occult spiritualism in Christian garb".

The labyrinth is a large, complex spiral circle which is an ancient symbol for the divine mother, the God within, the goddess, the holy in all creation... a spiritual tool meant to awaken us to the deep rhythm that unites us to ourselves and to the Light that calls from within.



[The labyrinth is] truly a tool for transformation, a crucible for change, a blueprint for the sacred meeting of the psyche and the soul, a field of light, a cosmic dance, it is a center for empowering ritual.

You walk to the center of the labyrinth and there at the center, you meet the Divine.

See you there!

Submitted by Pat Miller & Renee Lindstrom

THE PRAYER OF JESUS

God of my being, Seed of my reality,
I open myself inward to You.
Shine upon me. Feed me life.
Trickle to me love from the center wells of Your light.

Light of Lights, I open my eye to You.
Light me, and light through me Thyself,
that through my being the center Light may light Itself.
For Thy light is my home.

Core of Love, — Gatherer of all into One,
stretch out Thy boundaries to encase me,
that I may lose myself in the folds of Thy tenderness.
Chord of Love, sing through me to Thine own ear,
that the sound of the One may resound through me
and find its rest again in the One.
For Thou art all me, and I am all Thine.

Thou art the rock upon which I stand,
and the wind upon my face.
I cannot look anywhere without seeing Thee my God:
nor can any look upon me without beholding
Thy shell, O God.

Tune me. Fill me. Grind me to powder, and form me.
Uncreate and recreate me at this moment,
that I may know the hand of God in its action.

Energy of all that is,
leave me not still, but vibrate through my being.
Loosen me from all things static.
Loosen me. Melt me. Pour me into Thy waters.
Stir me in with Thee. Stir me up with my brothers.
Drink me, and give me of Your cup.
For I am Thee and Thou art me;
the Father is the Son and the Son the Father.

Center me home in the Center, as though I never strayed.
Father of fathers, I have come back — home.
I fall into You.

Submitted by Jim Bennett

COMMUNITY SERVICES DIRECTORY

For information only. These events and services are not endorsed by the Church of Truth, Community of Conscious Living.

NAME	SERVICE	CONTACT INFO
Susan Blackwood 250-889-5335	Ceremonies	www.ceremoniesbydesign.ca
Weddings, Funerals, Celebrations of Life, Divorce, Retirement, Baby Namings		
Renn Butler	Consultations/Workshops	rennbutler@shaw.ca
Archetypal Astrology Consultations, Holotropic Breathwork Workshops		
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Email: tlcpersonalassistant@gmail.com		
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Ask how to get a free reading.		
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Esther Hart Author, Speaker, Freedom Coach, Author Mentor

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Esther inspires people with her talks, coaching and writing, always encouraging people to experience freedom by trusting their own knowing.

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