



THE LIGHTHOUSE

MAY 2015

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TRIUMPH OF LIGHT

This month's theme is directly related to the 'Forces of Enlightenment,' which work with the Light of God, emanating from the 'Heart of God,' to strengthen those that work to love and serve humanity.

It was the great eastern Avatar, the Buddha, who embodied the Light, expressed the Wisdom of God, and indicated Divine Purpose. His teachings and life path have removed the 'Veil of Illusion,' so that we might see the Truth. The keynote of this time is...

"I see, and when the Eye is Opened, All is Light."

Those, willing and able to see, are faced with the task of removing their own obstacle, which has inserted itself between the personality and the Soul, piercing the veil, and revealing that which is 'Real' from what is not, thereby helping to free the divisions between people, groups and nations.

One of the greatest of challenges being faced today is our 'Imprisonment in Matter.' Whether in thought, emotion, or form, most of our 'suffering' is due to our blinded adherence to beliefs and desires, mostly based on past conditioning, which keep us stuck to the wheel (Karma – Cause and Effect) of repetition, until WE CHOOSE to LIBERATE ourselves, in spite of difficult life challenges.

The Buddha conveyed desirelessness and non – attachment, plus compassion to All Beings as a way to Liberation.

Meditate on Light Divine entering the Crown of your Head, flowing into your etheric brain (the brains blueprint/double), and then into your physical brain and neuron activity, flowing down into the core of your Heart until overflowing, irradiating every cell and atom of your energy bodies, before radiating out into a needy world. Feel the Joy and Gratitude of doing so.

Submitted by Colin Lee, SDC

The Lighthouse May 2015
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Church of Truth – Community of Conscious Living
Sunday Service – 11:00 am

Working for you
Your Board of Directors

President	Stephen Graves	778-677-7597
Past President	D. Joan Thomas	250-721-4054
Vice President	Sanjara Ominiya	778-433-4386
Secretary	Jennifer Sagar	778-440-5234
Treasurer	Ron Rayner	250-474-2715
Outside Maintenance	Deborah Hawkey	250-813-1747
Inside Maintenance/SDC Liaison	Colin Lee	250-514-1270

Your Spiritual Directions Committee

Don Morris	250-580-2121
Chris Bullock	250-384-8241
Colin Lee	250-514-1270
Marvelous Trudeau	250-384-2563
Troi Leonard	250-532-3442
Jack Hyatt	250-592-1422

Rentals Esther Hart 250-896-5933

Newsletter Deborah Hawkey Email: dbhawkey@gmail.com

SUNDAY SERVICE SCHEDULE

May Theme: Triumph of Light

May 3

Preparing the Temple

Co-ordinator: Troi Leonard
Moderator: Paul Monfette
Speaker: Pierre Morais
Meditator: Pierre Morais
Greeter: Jessica Frances

May 10

Let the Chalice be Filled

Coordinator: Peggy Muncaster
Moderator: Joyanna Wilkinson
Meditation: Linda Chan
Speaker: Laurel Circle
Greeter: Paul Monfette

May 17

Working with Light (Light Lessons from the Laughing Buddha)

Coordinator: Don Morris
Moderator: Marvelous Trudeau
Speaker: Diana Kuch
Meditation: Colin Lee
Greeter: TBA

May 24

Living Compassion

Coordinator: Moneca Gabriel
Moderator: Moneca Gabriel
Meditation: Pauline Karch
Speaker: Jennifer Tenant
Greeter: Alison MacKinnon

May 31

Illumination-The Light of Truth -

Coordinator: Laura Lane
Moderator: Stephen Graves
Meditation: Renata Young (music meditation)
Greeter: Laura Lane

Description of Services

May 3 The Kingdom of God is within you (Luke 17:21)

It was through the instructive nature of such powerful truth's, and the demonstrations of the Power of Love, providing the many miracles of healing, that Jeshua/Jesus gave witness to the existence of a higher power within us, a temple of cosmic presence in each and every human Being.

This presence is only accessible through the 'Sacred Heart.'

Your mind will seek to deny this in justifications and blame, pointing out that you and the world we live in is imperfect due to God's faulty creations.

The answer lies in the practice of ...innocent perception, reducing many complicated issues to the simplicity of a childlike 'Sense of Knowing.' I do not know why and how I know, yet I know beyond all doubt...this is faith.

He also dictated that all elements and Laws of the Universe can be found in the human condition.

By honoring and maintaining the 'sacred nature' of our body and its surrounding environment, we prepare ourselves to receive 'divine blessings' and a deepening communion with your sacred heart. Above all else and beyond all other sacraments...

Pray and love yourselves, and do so exceedingly.

May 10

We drink of Life and are filled.

How do we support our sacred Chalice?

By opening to Divine Vision

By allowing the heart to blossom with love

By acting with compassionate wisdom.

By living our Truth.

May 17 Diana Kuch is a comedian, wild food forager and snappy dancer! She is the host of Last Laugh Monday, Victoria's comedy extravaganza, and a devotee of the Laughing Buddha.

Combining ancient wisdom with transcendent silliness this talk will reveal a few simple ways that one can work with light. Drawing on the teachings of China's Laughing Buddha and Japan's Sun Goddess, Amaterasu, Kuch will weave a path through the dark into the light

May 24 Bio: About Jennifer

Jennifer is an ordained minister with the International Alliance Churches of Truth. She is committed to divine service to inspire and

empower fellow congregants; and seeks to unite all people in one divine Consciousness of Love, Peace, Harmony and Grace. She is on the Board of Trustees at Unity Victoria.

May 31 Illumination or seeing past surface appearances to the greater truth beyond our or other's life's circumstances can come as we let go of our attachment to "knowing", which often comes from ego.

As our idea of truth changes from first appearances or impressions to that which is greater (illuminated), peace of mind can settle in. From here we can act from a more enlightened view of what is.

Stephen will help us reflect more deeply on this topic with the following questions:
How have you seen your perception or understanding of an event in your life or others change over time?

How did this "illumination" affect you and or others?

Do you recall what you did or did not do that helped you have the newer more expanded understanding?



HAPPY BIRTHDAY
We Celebrate with YOU!

MAY	
Roland Guenther	May-18
Cedona Holly	May-21
Marie Logan	May-29

Kundalini Yoga with Cedona Holly



ONENESS WEDNESDAY in May
111 Superior St. in James Bay
May 6, 13, 20 + 27
7:00 – 8:30 p.m.
Free or by donation

Kundalini Yoga brings together music, postures and mudras (hand positions) to bring us to a state of balance and harmony. Our focus for these evenings will be

restorative and rebalancing to our nervous system and all the different facets of our make up: physical, mental, emotional and spiritual.

The first class will be a thorough introduction to this Yoga, as well Cedona will share her personal story with it.

Beginners and all physical abilities are welcome. While we will build our skills throughout the series, dropping in is also welcome.

For more info about Cedona Holly please go to: www.EternalOneness.org.

This series is part of Oneness Wednesdays and is offered for free or by donation to the Church of Truth, Community of Conscious Living. [1/2 of proceeds to community outreach and 1/2 of proceeds to the church]. More information about Oneness Wednesdays: <http://cotvictoria.ca/oneness/>

World Labyrinth Day

May 2nd is World Labyrinth Day. The theme is We Walk as One. One local Greater Victoria Event is a Labyrinth Stroll through six local community labyrinths. Our hope is that you will share this event with your community. A pdf poster download is available this link that we ask you ask you share with others. Please see note at bottom of poster for labyrinths in your community if unable to attend our tour of 6 local labyrinths. Please join world walking intention at 1 pm where ever you are. If you would like to read more about these local labyrinths - go to Labyrinths of Greater Victoria.

Download link for Labyrinth Poster:

<https://insideawarenessblog.files.wordpress.com/2015/04/labyrinth-poster.pdf>

The Labyrinth Tour begins at 11am. Come follow us or go where your heart guides you! Enjoy your journey!!

11:00am - Cadboro Bay United Church: 2625 Arbutus Rd. Victoria - 11-path Chartres Labyrinth

12:00pm - Blueberry Labyrinth at Salisbury Farm House - 3448 Salisbury Way, Victoria

1:00pm - First Unitarian Church: 5575 West Saanich Rd., Victoria - 7-circuit grass Labyrinth

2:00pm - The Yurt: 5990 Old West Saanich Rd., Victoria - 7-circuit forest Labyrinth

3:00pm - Woodwyn Peace Garden 7789 West Saanich Rd, Central Saanich - 7 circuit Lavender/Sage Labyrinth

Open House (4:00pm-9:00pm)

Good Life Farms: 7159 Wallace Dr. Brentwood Bay - 7-circuit grass labyrinth

Can't make it to the Walk as One Tour? There are many labyrinths in other communities you can enjoy:

Irving Park, Christ Church Cathedral, Vic West Elementary, George Jay Middle School, Coast Collective, Victoria General Hospital and EcoVillage.

Inquiries? Please contact Renee Lindstrom - renee@insideawareness.com
or 250-361-7508

Helen Windsor - healinghelen@me.com or 250-813-0550

Visit: [GreateryyjLabyrinths](#) on Facebook

COMMUNITY SERVICES DIRECTORY FOR CHURCH of TRUTH MEMBERS

For information only. These events and services are not endorsed by the Church of Truth, Community of Conscious Living.

NAME	SERVICE	CONTACT INFO
Susan Blackwood 250-889-5335 Weddings, Funerals, Celebrations of Life, Divorce, Retirement, Baby Namings	Ceremonies	www.ceremoniesbydesign.ca
Renn Butler Archetypal Astrology Consultations, Holotropic Breathwork Workshops	Consultations/Workshops	rennbutler@shaw.ca
Stephen Graves 778-677-7597 All things PC (and little things MAC) Hardware, software, troubleshooting, networking and web design. \$25.00 per hour	Computer Service	stephen@spiritquest1.ca
Dr. Roland Guenther 250-650-1662 email: roland@natures-mystery.com	MD (Germany), PhD, Homeopathy	www.victoriahomeopathy.com

Roland specializes in helping people with severe chronic diseases.

Homeopathy is a holistic modality that can provide healing in a wide range of health problems, anxiety, and depression, and their manifestations in the body.

Esther Hart Author, Speaker, Freedom Coach, Author Mentor
250-896-5933 www.authorssolutions.com

Esther inspires people with her talks, coaching and writing, always encouraging people to experience freedom by trusting their own knowing.
She gets great pleasure from supporting other writers to blossom into authors so that their inspirational stories can reach the people they are meant to inspire.

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“Comfort Zone” Band, Boomers, Folk, Light Rock music group.

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Specializing in Reno’s, Decks & Alterations

Michelle Pedersen Make-up Artist
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