

Inside:

P2 Who We Are

P2 Board of Directors

**P2 Spiritual Directions
Committee**

**P3 Sunday Service
Schedule**

**P4&5 Sunday Service
Information**

P5 Happy Birthday

P6-8 Wednesday Schedule

**P8 Member Exchange
Network**

P8&9 I Am Light

**P8&9 Community Services
Directory**

**Contact:
111 Superior St.
Victoria, BC V8V 1T2
250-382-5412**

Communication with All Life

Communication is essential to understand Self and Others, getting from here to there and developing the ability to be Creative. Without this capacity we feel cut off from Life. We then become a loner, wandering aimlessly lost in meaninglessness. Communication is multidimensional in scope... utilizing images, words, spoken and written, gestures, music and dance, our six senses, and ultimately, telepathic communion with every form and level of Life and Intelligence.

How can we understand Self and one another? Acknowledge needs and wishes if we don't share our thoughts, feelings and emotions? Holy Creator designed us to communicate.

Submitted by Troi Leonard SDC

On Sunday, June 7, Diane Perry will be speaking on the topic of Passion, Intention, and the Public Good. She is well able to speak on this topic as she has been heavily involved in political and social affairs in this province for the last 30 years. Diane, mother of four, teacher, social activist, gardener, and loyal supporter of her husband's career, moved with her family to Victoria in the mid-eighties, and has since held many political positions. She has served in the capacity of chief fund-raiser for the Green Party of BC, the Pacific Opera, and the Peace Valley Environmental Association. She was one of the 21 members of the Fair Vote BC Committee which was trying to bring Proportional Representation to this province.

Continued on page 3

The Lighthouse June 2015
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Church of Truth – Community of Conscious Living
Sunday Service – 11:00 am

Working for You
Your Board of Directors

President	Stephen Graves	778-677-7597
Past President	D. Joan Thomas	250-721-4054
Vice President/ Secretary	Sanjara Ominiya	778-433-4386
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Treasurer	Ron Rayner	250-474-2715
Outside Maintenance	Deborah Hawkey	250-813-1747
SDC Liaison	Colin Lee	250-514-1270

Your Spiritual Directions Committee

Don Morris	250-580-2121
Chris Bullock	250-384-8241
Colin Lee	250-514-1270
Marvelous Trudeau	250-384-2563
Troi Leonard	250-532-3442
Jack Hyatt	250-592-1422

Rentals Esther Hart 250-896-5933

Newsletter dbhawkey@gmail.com

SUNDAY SERVICE SCHEDULE

June Theme: Communication with All Life

June 7 Passion, Intention, and the Public Good

Coordinator: Jack Hyatt
Moderator: Hendrik de Pagter
Meditation: Cedona Holly
Speaker: Diane Perry
Greeter: Ella Brown

June 14 Struggling to Understand

Coordinator: Marvelous Trudeau
Moderator: Brian Martin
Meditation: Jennifer Sager
Speaker: Dr. Deanna Geddo
Greeter: TBA

June 21 Effective Communication

Coordinator: Chris Bullock
Moderator: Chris Bullock
Meditation: Lynn Gordon
Speaker: Rachelle Lamb
Greeter: Joyanna Wilkinson

June 28 Harmony in Action

Coordinator: Troi Leonard
Moderator: Troi Leonard
Speaker: Renee Lindstrom
Meditator: Renee Lindstrom
Greeter: Pat Miller

Description of Services

Con't from page 1

She also served for many years on the Green Party's Provincial Council of BC. Diane has been involved in many demonstrations, marches, and protests over the years and is currently working with groups dedicated to preventing the hydro-electric project on the Peace River, known as Site C from going ahead.

Deanna's talk will connect peak experiences of her existence in human form with the great tragedies of the world in the last century and why she believes in the possibility of healing and harmony for all sentient beings and the planet at large.

Dr. Deanna is a Holistic Dentist, Theatre Director, Yoga Mentor, Lifelong Seeker and Activist. Born in Europe, raised in Argentina, she now lives and works in Victoria.

June 21-Rachelle will explore the nature of effective communication. Is communication effective primarily because it gets someone to do what you want them to do? Or is it effective because it finds a way to meet apparently conflicting needs in difficult situations? If the latter, then how is this way to be found? And if communication is based on respect rather "power over," how can this principle be extended not just to the regard we might regard as our "enemies" but also to non-human living beings? Rachelle will explore these questions and others in her usual poetic, warm-hearted and provocative style.

Grateful to many teachers Rachelle attributes her greatest, mind blowing and paradigm altering learning to and Stephen Jenkinson. In 2010, Rachelle met Stephen Jenkinson, subject of the NFB documentary film Griefwalker. His work with the dying and his courageous and provocative views on making healthy human culture struck a deep chord. Rachelle continues to study with him and is a scholar of his Orphan Wisdom School in Ontario.

Rachelle has garnered a few labels over the years: peacemaker, poet, modern mystic, spiritual activist, and visionary boat rocker. She admits to having high ideals and being a bit of a troublemaker, yet consistently with skillful means, and faithful to the objective of opening people's hearts and minds to holding a higher standard for being human in spite of and perhaps even because of the many challenges and adversities that plague us in these modern times. She has been interviewed by newspaper, radio and television and is the author and publisher of 'Steps To Conscious Living' (2000) and 'Communication Basics: An Overview of Nonviolent Communication' (2003). Workshop participants consistently remark on the profound life-changing impact of what they learn in her trainings.

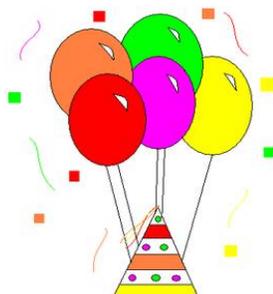
Harmony may be experienced through color and music, homes and gardens, and the flow of beauty in Nature. Within these we find deepening peace and inspiration so needed in the lives we lead. In the Orient, the art and science of harmony is known as Feng Shui.

Yet the most important harmony of all is our relationships. The many wars and conflicts throughout history continue to cause immeasurable damage to our psyche and environments. Our very soul quails in the indiscriminate suffering perpetuated in the name of Justice as well as other names including the name of God.

Harmony becomes possible when our actions produce order and beauty... and when the many become the One, and the One reflects the many. Let us deepen our love for all life and gain the fruits of harmony and well-being.

June 28-Our speaker, Renee Lindstrom, was given her Buddhist Refuge name, Karma Chodren, by the Venerable Thrangu Rinpoche in the late 90's. In the same time frame she began sharing Sacred Space Ceremonies and Talking Circles in Greater Victoria. She is a graduate of Art of Placement training program based upon principals of the Black Hat Buddhist Sect with a focus on Aboriginal and European Geomancy traditions and rituals.

In 2001 she began sharing a communication enrichment program for balancing relationship interactions using the late Dr. Marshal Rosenberg's, (1934 - 2015) model of Nonviolent Communication. Soon afterwards she became a Certified in Feldenkrais® Somatic Movement in 2007. Currently Renee integrates contemplation, environment, relationships and movement awareness techniques in her educational, coaching and mentoring programs.



HAPPY BIRTHDAY
We celebrate with YOU!

JUNE

Catherine Dennison	Jun-8
Maria Escude	Jun-11
Laurence Beal	Jun-21
Joy Emmanuel	Jun-22
June Swadron	Jun-22
ZsuZsa Hasman	Jun-27

Your New Board

Please see Page 2

ONENESS WEDNESDAY in June
111 Superior St. in James Bay
June 3, 10, 17 & 24
7:00 – 8:30 p.m.
Free or by donation

**Cultivating a Lifestyle of Harmony & Balance in Rhythm with Nature
with Renee Lindstrom**

Oneness Wednesday evenings in June will focus our attention on ways of increasing the synergy of nature and our personal landscape and living experiences. Nature in balance supports harmony and nature out of balance destroys it. Each Wednesday has its own jewel to explore and can be experienced separately. Attending the series will expand personal awareness and will deepened cognitive and somatic integration.

During the month we will explore the meaning of landscape, the patterns of a natural landscape and how we fully participate in creating the landscape consciously and unconsciously. The month long series will include right and left brain activities; learning models, creativity and movement to enhance your somatic experience. You will leave June with your own ability to plan your living landscape experience.

June 3rd – Embracing Elements of Nature

Embracing Elements of Nature will focus on introducing the symbolism of natural elements of nature's landscape. You will learn how to identify these symbols in your surroundings, the elements you are drawn towards and the elements you thrive in. This evening's event will include a presentation style introduction and engage you creatively in an activity.

June 10th – Personal Landscape in Harmony or Disharmony

The topic of Personal Landscape in Harmony or Disharmony will introduce how nature's landscape stimulates personal and individual experiences of health and well-being. This evening may deepen or validate your inner knowing of how your natural landscape effects you and enhance awareness of how the landscape is your experience. There is no separation. This will include exploring how to incorporate the symbols of wood, fire, earth, metal and water into your own tool kit for cultivating your own landscape experience. This evening deepening process will be through dialogue, vision, intention and action.

June 17th – Harmonizing with Nature’s Landscape, Solstice Labyrinth Walk with special guest ‘Ocian Flo’

To celebrate this year’s summer solstice, our focus will be on creating a landscape to walk individually in the harmony and unity of community. The symbolism of creating a cloth rope labyrinth becomes the wheel of turning confusion and inner conflict into something beautiful to share that in the right landscape becomes sacred. It is a somatic experience of transitioning from left brain to right brain. This special occasion will include the beautiful and sacred ceremonial sounds of Ocian Flo. Ocian will be joining us this evening to create a deepened sacred connection to self and nature’s harmonies. Ocian has a beautiful blueberry labyrinth that she shares celebration in connection to the planetary turning of the cosmos. We are honored to have her join our sacred celebration experience to enhance the concept that we individually create the landscape experience in the unity of the whole.

June 24th – Balance & Harmony Living Landscape Map

This evenings topic, Balance & Harmony Living Landscape Map, introduces living in awareness of nature and intention. Tools that develop the skills to balance personal lifestyle experiences using the harmony of natures patterns and landscape elements. You will be able to choose a life area that you wish to experience change and make this shift starting with seeing it, believing it and taking action!

About Renee Lindstrom:

Renee has been training in ways to live a more conscious life journey since the mid to late 90’s. This has included training in nature elements, influences of landscape, Shambhala & Buddhist Meditation and Dogmas, practice and concepts of Marshall Rosenberg’s model of Nonviolent Communication and Moshe Feldenkrais’s model of Functional Integration and Awareness through Movement. Studies of living functions that Renee has come to call integration of the four aspects of self; belief, mental, emotional and physical. Her style of sharing and mentoring is that of guidance and choices. It is a way to encourage others to find their own inner guru (self-esteem, inner-confidence and shining self) and become excited about themselves versus trying to be the guru. She will stand in the light with you not for you! She has discovered the journey is an individual responsibility and one of choices and free will. Being somebodies guru is a big responsibility and can easily become the justification for another to stay on the unconscious path. She is her own guru and looks forward to walking towards an authentic path with you. Yet, those who have sought her mentor-ship have discovered she balances her capacity for empathy with the challenges of being honest. Her gift is cutting through the story to what is real and she will honesty

tell anyone that it takes practice and you have to be willing to do the work. You cannot learn something and expect change. It needs to be followed up with integration and that takes courage.

Please visit Renee's web site: <http://insideawareness.com/>

For more info contact Linda Chan at: <http://cotvictoria.ca/oneness/>
or Linda at 250-380-6383

Member Exchange Network

Be available to offer a helping hand to fellow members by "opting in" to the Member Exchange Network, our community-wide email support system. Post personal requests for yourself or on behalf of another.

Just choose to "opt in" on your annual membership form.

Contact: memberexchangenetwork@gmail.com or phone Cynthia 250-661-8687.

Submitted by Cynthia Pattison

I AM LIGHT

Our last month's theme was on the Triumph of Light. Many good thought and words are expressed on this and, yet, it is my experience that unless we make the light real and experiential in our lives, we remain at the level of thought and word.

Many years ago I came across the Ascended Master Light teachings and found the invocation I wish to share a powerful way to experience and make real the power of the Presence of Light. The Invocation to Light is infused with the power of Light itself and connects one directly to Divine Presence.

Invocation to Light

I AM Light, glowing light,

radiating light, intensified light.

Divine Presence consumes all my darkness transmuting it into light.

This day I am a focus of the Great Central Sun,

flowing through me is a crystal river.

a living fountain of light

that can never be qualified by human thought or feeling.

I AM an outpost of the Divine,

such darkness as has used me is swallowed up

by the might river of light which I AM!

I AM! I AM! I AM Light!

I Live! I Live I Live in Light!

I AM light's purest intention!
 I AM light's fullest dimension!
 I AM Light, Light, Light,
 flooding the world everywhere I move,
 blessings, strengthening and purveying
 the purpose of the Kingdom of Heaven!
 I AM that I AM in Action here now....

It is my experience that when this invocation is made with all one's mind, heart and soul,
 the Power of the Presence of Light is made experiential and real. I believe this is what we need most on the planet now, as we have many good teachings, thoughts and words, but too little direct experience. All conflicts will disappear in the Presence of the Light.

May we all be shining bright, illumined and free!

Submitted by Leonard M. Thornton, PH.D

COMMUNITY SERVICES DIRECTORY FOR CHURCH of TRUTH MEMBERS

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NAME	SERVICE	CONTACT INFO
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Renn Butler Archetypal Astrology Consultations, Holotropic Breathwork Workshops	Consultations/Workshops	rennbutler@shaw.ca
Stephen Graves 778-677-7597 All things PC (and little things MAC) Hardware, software, troubleshooting, networking and web design. \$25.00 per hour	Computer Service	stephen@spiritquest1.ca
Dr. Roland Guenther 250-650-1662 email: roland@natures-mystery.com	MD (Germany), PhD, Homeopathy	www.victoriahomeopathy.com

Roland specializes in helping people with severe chronic diseases.
Homeopathy is a holistic modality that can provide healing in a wide range of health problems, anxiety, and depression, and their manifestations in the body.

Esther Hart **Author, Speaker, Freedom Coach, Author Mentor**
250-896-5933 www.authorssolutions.com
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She gets great pleasure from supporting other writers to blossom into authors so that their inspirational stories can reach the people they are meant to inspire.

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Kelly Kerr **Massage, Energy Healing** 250-999-9282

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