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RELEASING HIDDEN POTENTIAL

February is often a dark and dreary month in our part of the world, and once the excitement of Christmas and New Year celebration is over, many of the richer among us flee to warmer climes. But February is also the month where love is celebrated, and under the cover of darkness lies much potential for growth. In this month we can explore that potential, whether it be the breaking from routine into new growth, the role of water in cleansing static emotional and planetary situations, or the deeper realization of our connections to others and to our living world.

PS Dear Mother Earth, we're sending you our love this month.

Submitted by Chris Bullock, on behalf of SDC.

The Lighthouse January 2019
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Working for You
Your Board of Directors

President	Brian Martin	778-430-1872
Vice President	Troi Leonard	250-532-3442
Inside Maintenance	Lorna Rennie	250-361-2079
Secretary/Treasurer	Ron Rayner	250 474-2715
Outside Maintenance	Ron Rayner	250 474-2715
SDC Liaison	Peggy Muncaster	250-888-7664

Your Spiritual Directions Committee

Laurence Beal	250-380-6429
Jane Campbell	778-533-7978
Chris Bullock	250-384-8241
Marilyn Smando	250-516-9687
D. Joan Thomas	250-721-4054

Rentals Esther Hart 250-896-5933

Newsletter cotoffice2017@gmail.com Submissions due by the 21st.

SUNDAY SERVICE SCHEDULE

for February

Feb. 3rd Learning to care about Humanity

Greeter: Louisa Fiander
Moderator: Marvelous Trudeau
Meditation: Laurence Beal
Speaker: Sharon Penney-Ford
Coordinator: Sharon Penney-Ford

Speaker Bio: Originally from Nova Scotia, Sharon is the daughter of a Newfoundland father and Irish mother. After completing a degree at the University of Victoria in English Literature and Theatre, Sharon Penney-Ford taught English, Theatre and Creative Writing for 25 years at a small high school in the East Kootenay region of BC.

February 10: Cleansing Waters: Navigating Grief in a Changing World

Moderator: Chris Bullock
Meditation: Sharon Ford
Presentation: "Planetary Grief"-- Jan Inglis
Greeter: Louisa Fiander
Coordinator: Chris Bullock

JAN INGLIS has a background in somatic psychotherapy, adult development, public engagement processes including the use of popular theatre and the creative arts. She has worked in the field of climate change education for 30 years both as a grassroots organizer and academic. Her PhD focused on the social economic paradigms of individualism underlying climate change. She has worked with Joanna Macy's concepts of despair and transformation since the 1980's, and seeks out ways to bring our best selves forward to face a changing world.

Feb. 17th Identity release and group cultivation

Meditation: Alva Nolla
Moderator: Brian Martin
Speaker: April Hambly
Coordinator: April Hambly

Feb 24 Brainstorming on creating and manifesting social benefit

Greeter: Lorna and ?
Mediation: Marilyn
Moderator: Sanjara or Laurence
Coordinators: Marilyn and Laurence

Social Benefit? Within our community, or in the greater community at large?

Possible Discussion keynotes, things like: creating a support group from within Church with transport, visitation, etc.; supporting non-profits like using our garage sale as a free sale for a organization that needs clothing and household items; A bursary for someone who would love to go to school but has no money; Food for Cridge cupboard; and as your group conceives.

Divide into groups and discuss what social benefit means and brainstorm ideas to share

INSPIRATIONAL EXPLORATIONS WEDNESDAYS: FEBRUARY 2019

February 6: MANIFESTING THE DIVINE, “Moving to a Higher Octave of Light” is a section of the recorded series "Becoming a Master of Manifesting" by Sanaya Roman. Peggy Muncaster will facilitate listening to and discussing this section. We begin at 7:15.

February 13. THE UPS AND DOWNS OF LOVE will be the focus of the poetry, song and spiritual readings circle facilitated by Chris Bullock, Sharon Ford, Hendrik de Pagter, and John Vanden Heuvel. Love gained, love lost, love never found; love of nature, love of another, love of oneself, love of the divine, love of the mundane; bring a poem, song or reading on these or any other aspects of love to this pre-Valentine’s Day event.

February 20: AWARENESS OF STILLNESS. Marvelous Trudeau will lead an exploration inspired by the work of Eckhart Tolle.

February 27:TREES MATTER. Professional photographer Frances Litman shares her imagery in an inspiring slideshow presentation with a variety of guest speakers on the topic of our community trees.

INSPIRATIONAL EXPLORATIONS is the series of Wednesday evenings devoted to exploring a wide range of aspects of spirituality, presented by as wide a range of people as possible.

INVITATION TO PRESENT. We invite you to consider presenting in this series, either as a single presenter or part of a panel or group. Evenings are often based on a circle-style format, and involve friendly audience-presenter dialogue. To achieve as wide a range of topics as possible, there are four broad subject areas, each with one or more coordinators. Send your proposal to the coordinator in the subject area in which it fits. If you're uncertain which area this is, send your proposal to any coordinator and she/she will make sure it gets to the right person. Details of the current coordinators and the areas they cover appear on page 2, after the February program.

CURRENT AREA COORDINATORS

Chris Bullock (chrisbullock@shaw.ca) and John Vanden Heuvel (sunvann@yahoo.ca) coordinate the "Creativity and Arts" area, which covers the relation between spirituality and poetry, music, visual arts, dramatic arts, craft, imagination etc.

Frances Litman (info@franceslitman.com) coordinates the Earth/Spirit area, which explores the link between environment/nature and spirituality, culture and politics.

Marvelous Trudeau (mavtrudeau@gmail.com) coordinates the "New Frontiers/Rediscoveries," area: new views of the Universe, extra-terrestrial beings, alternative medicine, transformative spirituality, crop circles, many similar topics.

Peggy Muncaster (muncasterpeggy@gmail.com) coordinates the "Spiritual Practices" area: exploring and practising meditation, prayer, visualization, other practices.

HAPPY BIRTHDAY We Celebrate with YOU!

Troi Leonard	February 25
Madge Tolmie	February 1
Paul Monfette	February 1
Pat Miller	February 18
Hendrik de Pagter	February 20
Troi Leonard	February 25

Message from Higher Self for 2019

Dear Cedona and Friends

This is THE time to let go of everything you think you know. To question all your assumptions about life and your current place in it. Is there a possibility that YOU could transform in ways previously unimaginable? To spread your wings wider than you ever thought yourself capable of?

This is what we see as possible for each person on Earth in 2019 - life and blessings without limits. All assumptions out the window and Grace abundant coming in to help the whole planet heal on every level imaginable. Miracles are what the Heavenly Realms are capable of bringing in for you and yet you must be willing to receive them. Staying small, staying hidden, staying within the confines of the limited ego-mind serves no one.

We say Dare to Dream BIG in 2019! Let it rip beloved humans. Be good stewards of your beautiful Earth, as well as your very own bodies and spread Love and Joy as never before, for grand things are possible! Indeed this is what we see. The doors are open for phenomenal evolution in 2019. We see so many ready for this.

Take the lid off all preconceived ideas of what you are capable of both individually and collectively.

We send you all our Love and Divine Support and look forward to seeing humanity's choices this coming year. There is massive Divine Support for your highest evolution at this time.

Much Love to All - and Enjoy the ride! Cedona's Angels and Guides and Loved Ones

Cedona Holly

www.EternalOneness.org
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250-642-1060

It's time to renew your membership. You can print these 2 pages or you can pick up a copy at the church. New member forms are also available.

**CHURCH OF TRUTH - COMMUNITY OF CONSCIOUS LIVING
GUIDELINES FOR MEMBERSHIP Renewal**

2019

1. Attendance at our services.
2. A strong desire to participate in our community demonstrated by attending services and getting involved as a volunteer and/or by giving your financial support.

Our Mission Statement says it well:

"We are a supportive community of spiritual discovery. We are a gathering of unique individuals, exploring and allowing our diverse expression of belief. We respect the interconnectedness of all life. We welcome all who are willing to commit themselves to participating in our collective creation. Together, we share our sacred place, this adventure ... this celebration!

Please complete the membership renewal application at the bottom of this form. Your annual \$10.00 membership fee is due before the AGM in April. Your continued membership is based on your active participation in our community.

Name: _____

Mailing Address: _____

Postal Code _____ Telephone _____

E-mail (optional) _____ Date: _____

Please indicate your birthday: Day _____ Month _____
(for acknowledgement at Birthday Sundays)

Amount enclosed with application: \$ _____ (Rcvd. by Treasurer _____)

Please include me on the community contact list. _____

Check what you would like to have listed:

Name _____ phone _____ home address _____ email address _____

See participation form

Church of Truth – Community of Conscious Living
Participation Information Form

The Board invites you to consider how you want to participate and the benefits you wish to receive from your participation in the Church of Truth – Community of Conscious Living.

Please complete the form below. (check all that apply)

Participation

Sunday morning greeter _____	Flowers _____
Coffee serving/cleanup _____	Maintenance _____
Provide Snacks for after service _____	Child Minding _____
Gathering/putting away music and order of service _____	Other _____

Areas of Interest/Expertise

Spiritual Directions Committee _____	Moderator _____
Choir/Music _____	Speaker _____
Meditation _____	Fundraising/Functions _____
Workshops _____	Other _____

Benefits

Please share anything you would like the Board to know about the benefits you wish to receive from this community. (Please use the back if more space is needed.)

Name: _____

Phone Number _____

Email address: _____