

THE LIGHTHOUSE

January 2018

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Visions of Oneness -

In any idea of "oneness" the key principle brought forward is the principle of relating. Because every one of us must relate with the various people and in greater collectives of which we might want to cultivate a spirit of oneness or unity.

As we move into the beginning of this New Year, the month of January will give us four opportunities to think about relationships. The count is logically from the first, the relation to Self.

The second week, we'll find more revealed on the relationship with one other.

The third week, we'll explore the relationship with groups.

Then, on the final week of relational exploration we'll have a fun community service where we will explore humour as a social medicine in the world heat of calamitous news.



The Lighthouse January 2018
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Church of Truth – Community of Conscious Living
Sunday Service – 11:00 am

Working for You
Your Board of Directors

President	Brian Martin	778-430-1872
Vice President	Troi Leonard	250-532-3442
Inside Maintenance	Lorna Rennie	250-361-2079
Secretary/Treasurer	Deborah Hawkey	250-813-1747
Outside Maintenance	Bill Israel	250-744-0590
SDC Liaison	Bill Israel	250-744-0590

Your Spiritual Directions Committee

Laurence Beal	250-380-6429
Jane Campbell	778-533-7978
Linda Chan	250-380-6383
Chris Porter	250-588-6722
Marilyn Smando	250-516-9687
D. Joan Thomas	250-721-4054

Rentals Esther Hart 250-896-5933

Newsletter dbhawkey@gmail.com Submissions due by the 21st.

SUNDAY SERVICE SCHEDULE

January 7

One with Self

Co-ordinator: Bill Israel
Moderator: April Hambly
Meditation: Jennifer Sager
Speaker: Peggy English
Greeter: TBA

January 14

One with Other

Coordinator: Jane Warren Campbell
Moderator: Pat Miller
Speaker: Steven Kinsella
Greeter: Jean Gregson

January 21

One with Group

Co-ordinator: D. Joan Thomas
Moderator: Marvelous Trudeau
Meditation: Torrey Archer (music) and D. Joan Thomas
Speakers: Laura Lane and Chris Bullock
Greeter: Bob Wikenhower

January 28

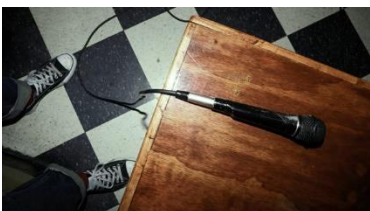
One with the Whole – Linda Chan

Community Service - Vision of Oneness in the World

We live in a complex world where many of us are stressed out, fearful and negative. World events and happening have brought us down to a level where we feel that we are powerless and the experience of complacency, hopelessness and blame has become our reality.

In this Community Service, we will explore humor as a social mechanism to assist us to connect us to each other - to help alleviate the stress that is all around us, to help us change the way we think and how we act in our world. In bringing lightness to the world via humor, we can begin to cope with difficult seemingly impossible situations that we face in our world and become united through the process of flexible thinking and situational reframing.

More on this topic: <http://www.bbc.com/future/story/20160829-how-laughter-makes-us-better-people>



[BBC - Future - How comedy makes us better people](http://www.bbc.com/future/story/20160829-how-laughter-makes-us-better-people) www.bbc.com

Why is humour such a powerful means of communication – and what can it tell us about the human condition?

**Wednesday Meditation Circle
Church of Truth
111 Superior St.
Free or by donation
Everyone Welcome
7-8:30 p.m.
January 3, 10, 17, 24, & 31**



We come together with the intent of deepening our relationship with the soul and group soul consciousness.

Format For the Evening Includes:

7 p.m. Opening of Meditation Circle and Welcome (Opening of the Circle, Lighting of Candle, Welcoming People to our Sacred Space, Sharing of “Flower Essence”)

A Short Guided Process to Prepare for the Body for Meditation followed by Chanting the sacred “OM” three times before we enter into Silent Meditation.

7:15 p.m. to 7:45 p.m. Silent Meditation.

At 7:40 p.m. ring chimes once and Attendees are invited to Silently and Individually set a Meditation Intention to the Service, Love & Healing of Others or continue with Silent Meditation.

7:45 p.m. Ring Chimes three times. Silent Meditation Ends and Attendees will be invited to stay for the Sharing Circle or quietly leave.

7:47 p.m. Sharing Circle begins – Attendees are free to contribute to the circle anything they wish to share stemming from their meditation and day to day life. There will also be an opportunity to light a candle(s) and set an intention.

8:20 p.m. Closing of Sharing Circle - Take-away Thoughts, Toning or Chanting, Put out the Candle, and Close the Circle.

HAPPY BIRTHDAY

We Celebrate with YOU!



Jane Warren Campbell	January 6
Marvelous Trudeau	January 10
John Vanden Heuvel	January 11
Laura Lane	January 13
Brian Martin	January 25
Esther Hart	January 26

MUNAY-KI

This winter, in February, I will be running a course to pass along the 9 rites of the Munay-ki. These are energy transmissions and attendant lore, originally from a Peruvian shamanic tradition. The intention is to prepare us in our evolution as humans, to cope with the energies of the present, and beyond. They are freely given, as requested by the Laika from whence they come; however I shall be conducting this class at El Cid, a lovely resort in Mazatlan Mexico, and require \$1000 per person for the two weeks that we will be there. This covers accommodation and all-inclusive benefits such as food, beverages and entertainment. It does not include your airfare to Mazatlan. The class would run about 2 hours daily, so there is lots of free time for pool/beach relaxation and exploration of the town.

If you are interested in taking the Munay-Ki rites, please e-mail me or call to reserve a spot - there are only two left.. Please only take the class if you are drawn to it after reading the following material and checking out the Four Winds website blog.

Love, light, blessings,

Peggy Muncaster

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About the Munay-Ki:

The Munay-Ki comes from a Quechua word that means 'I love you.' The Munay-Ki are the nine rites of initiation to become a person of wisdom and power who has accepted the stewardship for all creation. The nine rites are common to all shamanic traditions, even though they are expressed in different forms and styles in different cultures. They derive from the great initiations from the Hindu Valley that were brought to the Americas by the first medicine men and women who crossed the Bering Straits from Siberia during the glacial period some 30,000 years ago. These courageous travelers were the Laika, the Earthkeepers of old.

The Laika have always been ordinary men and women who live extraordinary lives. They were not born with special gifts from Spirit; they have acquired uncommon grace and power through prayer, study of the wisdom teachings or Insights, and discipline. Some grew to be renowned leaders and healers, while others lived quiet lives, raising their children and growing corn. The Laika felt that people would come to the Munay-Ki when they were ready and felt a calling to do so.

You may have received such a calling from Spirit, and long to make a difference in the world and in your life. When you come to the path of the Earthkeepers with sincere intention and an open heart,

you'll soon notice that you're not alone. You'll find yourself in the company of like-minded people who strive to live by ethics and vision. And you'll find yourself in the company of Earthkeepers who lived on this planet many thousands of years ago, luminous beings who are now part of the great matrix of life. These Earthkeepers will add their power and vision to yours.

If you would like to learn more about the background of the Munay-Ki rites, please go to: <http://www.munay-ki.org> and also www.thefourwinds.com. There's lots of information there, but the Rites themselves have been incorporated in recent years into their other (rather costly) trainings. Licia Seaman, an early student of Alberto Villoldo, created the manual from which we will work.

Submitted by Peggy Muncaster

Member Sponsored events at the Church of Truth, Community of Conscious Living

From time to time, members of the church have ideas for events that they feel might be of interest to the church community.

An example is the recent very successful Pachamama event.

The Board appreciates this initiative, discussed having a process in place to accommodate this and came to the following conclusion.

If an active church Member wishes to present an event, and can show that a substantial number of the community are interested, they are welcome to make a written presentation to the Board to rent the space on a by-donation basis.

When approved, the Member will contact the rental coordinator and sign a contract as a renter.

Board of Directors

Visions of Oneness - Visionary person: one given to seeing visions or to fanciful theories; to having vision or foresight; not real, imaginary; not practicable.

Goethe said, "Whatever you can do or dream you can, begin it. Boldness has genius, and magic and power in it. Begin it now."

Some visionaries we know: the black man who dreamed of equality for all; the pop star who imagined a world without borders; a French teenager who took her vision into action to rid her country of the English; a nun who had a vision to care for the lowest cast in India; and a Canadian girl who had a vision of a place where families could stay while their children were in hospital; and, and, and. What is your/our vision for this New Year?

Respectfully submitted - D. Joan Thomas

Ode to Autumn

You bring the warmth of brilliant reds and yellows

Your brittle fallen leaves crackle underfoot

Your heavenly scent invites all to stop and gaze upon your wondrous beauty

Lorna Rennie
October 23, 2017