

Inside:

P2 Who We Are

P2 Board of Directors

**P2 Spiritual Directions
Committee**

**P3& 4 Sunday Service
Schedule**

P4-6 Speaker's Bio

**P6 & 7 Wednesday
Meditation**

P7 Happy Birthday

**P8 Submission by Chris
Bullock**

**P8 Invitation to Writers,
Poets & Artists**

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The Meeting of Inner and Outer Spirituality

The coalescence of seeming opposites comes through this month. As many marriages and other outdoor celebrations come rolling in, even the ongoing celebratory vacation time itself brings opportunities for both outer connection and inner development. The impulse to reach out beyond the habitual boundaries of one's personal domain seems to come in large with the social scenarios opening up in the hotter summer. While on the other hand, we each find other opportunities to tune in to some of the finer and subtler aspects, within and sometimes in relations. So a few different kinds of new spiritual connection might be found.

In the first service for June 4th, we'll be looking at collaboration, social insight, teamwork, and practical innovation.

In the second service for June 11th, we'll be looking at imagination of mystical connection, how can it serve us, and visualization feeding connection.

In the third service for June 18th, we'll be seeing how family-clan-fellowship supports personhood, or the security base supports outer world expression.

In the last service or June 25th, we'll be in all relations - healing through outreach for spirit connection.

Submitted by Laurence Beal, SDC

The Lighthouse June 2017
A Newsletter for Friends of the Church

We are a spiritual community supporting each other in exploring our personal journeys regardless of spiritual path or belief. Our community is comprised of a rich field of individual and collective energies that is ever changing and evolving.

While we are accepting of diverse expressions of belief, we recognize the interconnectedness of all things and the power of love and appreciation. We hold reverence for all life.

We welcome those who wish to share their journey with us through their insights, reflections, experience and creative self-expression.

We are open to inspiration and recognize that our openness to others' ideas enhance our own awareness and expansion.

We meet our basic human need to socialize, bond, cooperate, celebrate and have fun, in a warm-hearted way, through a variety of events and activities.

We acknowledge our opportunity to be agents of change in the world and we encourage and support service to others through individual and group activity.

We share our sacred space with the larger community.

With gratitude, we live thoughtfully on the Earth with kindness and compassion for all.

We welcome you.

Church of Truth – Community of Conscious Living
Sunday Service – 11:00 am

Working for You

Your Board of Directors

President	Brian Martin	778-430-1872
Vice President	Troi Leonard	250-532-3442
Inside Maintenance	Lorna Rennie	250-361-2079
Secretary/Treasurer	Deborah Hawkey	250-813-1747
Outside Maintenance	Bill Israel	250-744-0590
SDC Liaison	Bill Israel	250-744-0590

Your Spiritual Directions Committee

Laurence Beal	250-380-6429
Jane Campbell	250-588-6722
Linda Chan	250-380-6383
Catherine Denison	25-592-1436
Chris Porter	250-588-6722
Marilyn Smando	250-516-9687
D. Joan Thomas	250-721-4054

Rentals Esther Hart 250-896-5933

Newsletter dbhawkey@gmail.com Submissions due by the 21st.

SUNDAY SERVICE SCHEDULE

The Meeting of Inner and Outer Spirituality

June 4 COMMUNITY - The Importance of Being a Pod

A Pod is defined as a social group of whales. Wild whales journey through the vastness of the oceans as much as we do in the vastness of life. A Pod's purpose is in all ways to show the requirement of the collective to attain the needs of the individual, through the strengths of the individuals working as a collective.

Coordinator/Moderator: Christopher Porter
Greeter: Colin Lee - One Flower Makes a Bouquet
Meditation: Retha Zaffino - The Three Treasures of Heaven
Star Sharing: Lawrence Beal - Many Lights Make it Bright
Speaker: Svāminé R.Devé ~ Sanskrit The Origin of ONE

June 11 Imagination and Mystical Connection

Coordinator: Marilyn Smando
Moderator: Stephan Kinsella
Meditation: Toni Bennett
Greeter: Linda Chan
Speaker: Lulu Love Rose

June 18 Fathers Day

Coordinator: D. Joan Thomas
Moderator: Jane Warren Campbell
Meditation: Laura Lane
Speaker: Brian Martin

June 25 Community Service: Spiritual Connection and Healing Through Outreach

Organized by the C of T Men's Group.

Coordinator: Linda Chan

This Community Service will be followed by a Finger Food Potluck.

Contributions to this would be much appreciated.

June 11

Lulu Love Rose is motivated by Love, unconditional Love, and the power of Forgiveness.

Her interests including but not limited to joy of Tea, having studied with tea masters from the disciplines of herbal energetics to that of the ceremonial tea practices for over a period of twenty years. She refers to herself as “A student of the Leaf”.

Then aromatherapy bewitched her senses, she married with this the Art of Perfumery. Witnessing that with the intelligence of essential oils can actually transcend ones own health, enhancing a sense of wellness within us all. Her studies included that mystical realms of weaving many forms of energy, its medicine and modalities through the primary practice of Chi Gong, Tai Chi (Ying & Yang Forms) during her past 30 years. Now she practices the Five Tibetans daily, does Zumba weekly.

In 2010 a BIG shift in consciousness changed Lulu forever. A vegan and a raw foodie has brought Lulu to pursue this topic and has become a certified Raw Food Chef. Her love for crafting home made Kombucha, Water Kefir, Sauerkraut, and other fermented food. She makes her own probiotics, still designs and brews non alcoholic elixirs, which is all part of her inner Alchemist unfolding its wings. She accepted a metaphysical invitation to dissolve who she had been. A deeper sense of her own Dharma or purpose emerged.

Changing the way she viewed what was food and not, brought about a deepening, reflected in her original writings.

Lulu is a writer, poetess and spoken word artist. Truth Seeker.

Several of her original collection of writings will be featured in her yet to be published book

“POETIC CONSCIOUSNESS — Illuminations of an Awakening Heart, by Lulu Love Rose”.

Thank you for the depth of your presence, I am inspired further by you and your quest to be motivated by Love. It is such a honour to share my story with you all.

Quote: “I have been so broken, that there is nothing left to break, so transformed by the Divine Fire that I welcome the completion of my Dross to be completely consumed by this Metaphysical Sacred Fire. I surrender every day a little more of who thought i was, to being present to what i truly am ” — L L R

Brian Martin is well loved in this church for many reasons. He is the father of a son who, according to my secret sources, was just about born at the church. His son is now 28 so that speaks to Brian's long years of dedication to this church.

For those who don't know, he serves as President of the Board, is involved in the men's group that supports the church in many ways, for example, the garage sale to not only clear out the basement of unneeded items, but also raise funds for the church.

And, he is most loved for the music that he brings to the church. Many of the songs we sing are composed by Brian and serve to join our hearts with his touching lyrics and the joy of song.

You know the saying if you want something done ask someone who's busy? That was invented for Brian. I don't know how he does it but he manages to fit his love and service for this community into a very busy life. We're delighted that Brian will speak to us today of what it means to be a father and whatever fonts of wisdom flow through him.

**Wednesday Meditation Circle
Church of Truth
111 Superior St.
Free or by donation
Everyone Welcome
7-8:30 p.m.**

June 7, 14, 21, &28



We come together with the intent of deepening our relationship with the soul and group soul consciousness.

Format For the Evening Includes:

7 p.m. Opening of Meditation Circle and Welcome (Opening of the Circle, Lighting of Candle, Welcoming People to our Sacred Space, Sharing of “Flower Essence”)

A Short Guided Process to Prepare for the Body for Meditation followed by Chanting the sacred “OM” three times before we enter into Silent Meditation.

7:15 p.m. to 7:45 p.m. Silent Meditation.

At 7:40 p.m. ring chimes once and Attendees are invited to Silently and Individually set a Meditation Intention to the Service, Love & Healing of Others or continue with Silent Meditation.

7:45 p.m. Ring Chimes three times. Silent Meditation Ends and Attendees will be invited to stay for the Sharing Circle or quietly leave.

7:47 p.m. Sharing Circle begins – Attendees are free to contribute to the circle anything they wish to share stemming from their meditation and day to day life. There will also be an opportunity to light a candle(s) and set an intention.

8:20 p.m. Closing of Sharing Circle - Take-away Thoughts, Toning or Chanting, Put out the Candle, and Close the Circle.

HAPPY BIRTHDAY

We Celebrate with YOU!



Catherine Dennison	8
Bill Israel	13
Laurence Beal	21
Junie Swadron	22
Joy Emmanuel	22
Jean Gregson	25

Weddings, Ceremonies and the Meeting of Opposites: Part One

Whitsuntide –alternatively called Pentecost— often falls, as it does this year, during June. And who can think of Whitsuntide without thinking of Philip Larkin’s wonderful poem “The Whitsun Weddings,” which celebrates the drive that brings so many people together to try out the joining of lives during this season. From one perspective, a wedding is one of the myriad ceremonial occasions – fairs, festivals, celebrations of many kinds—that happen during the months of June and July. But it’s also a very particular kind of event, where two different people set out, with joy and hope, on a long and demanding journey. Tradition has it that at Pentecost, the Holy Spirit descended and gave Jesus’ disciples the “wit” –eloquence and wisdom—they needed to go out and preach the message. So the emphasis in this month is on starting out on the journey towards fertility and fullness. Questions to ask: what journey am I starting out on? How do I get the hope that beginning a journey requires? How is the descent of spirit involved in my journey? How am I beginning to relate to the coming together of opposites that the symbol of wedding implies?

Submitted by Chris Bullock

ATTENTION: All Writers, Artists, & Poets (or those who just wannabe) Is Your Inner Muse Calling You?

The monthly C.O.T. Lighthouse newsletter is looking for YOU!
The Lighthouse serves the church community in many important ways.
Besides providing a calendar of events, it serves as a unique opportunity for members to share their interests and talent with others.

If you would like to contribute please submit your Word document by the 21st of the month for publication.

See Deb if you have any questions.

Email submissions to dbhawkey@gmail.com

